

## Vasaka, Adusa, Justicia Adhatoda - Plant



Justicia adhatoda, commonly known in English as Malabar nut, adulsa, adhatoda, vasa, or vasaka,[1][2] is a medicinal plant native to Asia, widely used in Siddha Medicine, Ayurvedic, homeopathy and Unani systems of medicine.

Rating: Not Rated Yet

### Price

Sales price R 319

Discount

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Description

## Description for Vasaka, Adusa, Justicia Adhatoda

Malabar nut is a small evergreen, sub-herbaceous bush which grows commonly in open plains, especially in the lower Himalayas

Common name	Flower colours	Bloom time	Height	Difficulty
Justicia adhatoda	white	February-March	14 feet	easy to grow

## Planting and care

An accurate soil test will tell you where your pH currently stands. Acidic (sour) soil is counteracted by applying finely ground limestone, and alkaline (sweet) soil is treated with ground sulfur. If you order roses from a mail-order company, order early, in January or February (March at the latest). They are usually shipped in the spring as bare roots when plants are fully dormant, well before they have leafed out

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun	well-drained soil	Medium	-	Apply any organic fertilizer

## Caring for Vasaka

Start with pruning shears for smaller growth. Use loppers, which look like giant, long-handle shears, for growth that is more than half an inch thick. A small pruning saw is handy, as it cuts on both the push and the pull.

## Typical uses of Vasaka

**Special features:** The Leaves are 10 to 16 cms in length, minutely hairy and broadly lanceolate. A herbal plant which requires very little watering and is an extremely hardy plant is Malabar nut. If there is one herbal plant that needs to be singled out for propagation and planting on a large scale, it would be this one.

**Culinary use:** leaves

**Ornamental use:** The plant is used for ornamental purpose

**Medicinal use:** Unverified information Adhatoda is useful for curing coughs, colds and asthma and is easy to administer. It has been used for centuries, and is mentioned in Sanskrit scriptures.

## References

- [https://en.wikipedia.org/wiki/Justicia\\_adhatoda](https://en.wikipedia.org/wiki/Justicia_adhatoda)

## Reviews

Wednesday, 06 September 2017

when I put the plant indoors totally, it started having yellow leaves.

Mansi Dwivedi

Wednesday, 30 August 2017

?How many years will it live?

Charlesgoosy

Monday, 21 August 2017

Nice packing & plants, like professional brand..

Renu Bala Garg

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