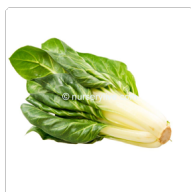


1+1 Swiss Chard Mangold Lucullus White - Seeds



1 packet contains Swiss Chard Mangold Lucullus White - 40 seeds.

Rating: Not Rated Yet

Price

115

[Ask a question about this product](#)

Description

Colorful stems and bright green leaves make Swiss chard the single most glamorous garden green as well as a nutritious vegetable. Because it does not ship well, you are not likely to find it at the grocery store.

Swiss chard, which is also known as white beet, strawberry spinach, seakale beet, leaf beet, Sicilian beet, spinach beet, Chilean beet, Roman kale, perpetual spinach, silverbeet and mangold (and that's just in English!) is bursting with nutrients, including vitamins K, A, C and E, plus several B vitamins, magnesium, manganese, potassium, iron and dietary fiber.

It's a good source of calcium and contains promising cancer-fighting properties. Throughout history, various parts of the plant have been used to treat everything from ulcers to dandruff. But more importantly, it tastes delicious.

The best Swiss chard you'll ever eat is that which you grow yourself, and fortunately it's easy to cultivate. Swiss chard only needs 50-degree soil to germinate, and the plants are quite cold hardy, so in many places it's not too late to start some seeds for a late fall/early winter crop.

Planting

- Plant chard seeds 2 to 3 weeks before the last spring frost date. Continue planting seeds at 10-day intervals for a month.
- For a fall harvest, plant chard seeds again about 40 days before the first fall frost date.
- Before planting, mix 1 cup of 5-10-10 fertilizer into the soil for every 20 feet of single row.
- Plant the seeds 1/2 to 3/4 of inch deep in well-drained, rich, light soil.
- Space the seeds about 18 inches apart in single rows or 10 to 18 inches apart in wide rows.
- Sow eight to ten seeds per foot of row.

Care

- When the plants are 3 to 4 inches tall, thin them out so that they are 4 to 6 inches apart or 9 to 12 inches apart if the plants are larger.
- Water the plants evenly to help them grow better. Water often during dry spells in the summer. You can also mulch the plants to help conserve moisture.
- For the best quality, cut the plants back when they are about 1 foot tall. If the chard plants become overgrown, they lose their flavor.

Reviews

Monday, 17 September 2018

Can be grown in pot??

Kashi Wasi

Wednesday, 09 August 2017

Is this a fragrance flowering plant.

Gaurav Narwania

Wednesday, 02 August 2017

Some good number of seeds have germinated . Would know better later on when they would eventually produce flower & egg plant

Renuka Varudhu

Thursday, 13 July 2017

All the seeds germinated. Now I have way too many seedlings.

Sarath Sarath

Wednesday, 17 May 2017

Good quality seeds, sprouted in couple of weeks

Jaganmohan Endla

[More reviews](#)