

Stinging Nettles - Plant



The plant has a long history of use as a source of medicine, food, and fibre.

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

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Description

Description for Stinging Nettles

Urtica dioica is a dioecious, herbaceous, perennial plant, 1 to 2 m (3 to 7 ft) tall in the summer and dying down to the ground in winter. It has widely spreading rhizomes and stolons, which are bright yellow, as are the roots. The soft, green leaves are 3 to 15 cm (1 to 6 in) long and are borne oppositely on an erect, wiry, green stem. The leaves have a strongly serrated margin, a cordate base, and an acuminate tip with a terminal leaf tooth longer than adjacent laterals. It bears small, greenish or brownish, numerous flowers in dense axillary inflorescences

Common name	Flower colours	Bloom time	Height	Difficulty
Jewelweed, nettle leaf	Orange to orange-yellow with red spotting	June to September	2 to 5 feet	Easy to grow

Planting and care

Nettle is an herbaceous, quick-growing plant whose leaves and stems are covered with tiny, hollow, silica-tipped hairs which can cause irritation. Can grow to a height of approximately 4 .

Sunlight	Soil	Water	Temperature	Fertilizer
Part shade to full shade	Well-drained soil	Medium to wet	30 degrees C	Apply any organic fertilizer

Caring for Stinging Nettles

Nettle seeds are tiny, light dependant germinators that can be started indoors or out. However, select your location carefully as nettles are very hardy and can spread quickly with the right conditions. Nettles can be assisted with stratification, but it is not necessary.

Typical uses of Stinging Nettles

Special features: Moist shade or woodland gardens. Bog gardens. Native plant gardens. Pond or stream margins. Low spots.

Ornamental use: The plant is used for ornamental purpose.

Medicinal use: Stinging nettle root is also used for joint ailments, as a diuretic, and as an astringent. Stinging nettle above ground parts are used along with large amounts of fluids in so-called irrigation therapy for urinary tract infections (UTI), urinary tract inflammation, and kidney stones (nephrolithiasis).

References

<http://www.heirloom-organics.com/guide/va/guidetogrowingnettle.html>

Reviews

There are yet no reviews for this product.