

Shankpushpi, Sankaphuli - Plant



Shankpushpi (*Convolvulus pluricaulis*) is a perennial herb and consider as a most wonderful gift of nature to the mankind, it looks like morning glory with blue flowers situated at alternate positions with flowers or branches.

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

[Ask a question about this product](#)

Description

Description for Shankpushpi, Sankaphuli

Convolvulus pluricaulis is an herb found in India and Burma that is used in Ayurveda. The Ayurveda preparation shankpushpi is, according to most sources, identical with *Convolvulus pluricaulis*, but some say shankpushpi is *Clitoria ternatea*.

Common name	Flower colours	Bloom time	Height	Difficulty
Shankpushpi, Shankpushpi, Aparajit, Sankhali, Shankpushpi, Sankhpuspi, Shankhawali, Bilikanthisoppu, Krsna kranti, Vishnukranthi, Shankhabela, Krishna-enkranti, Sanghupushpam, kakkurattai, Shankpushpi	Pink	Seasonal bloomer	10 to 15 feet	Easy to grow

Planting and care

Plant bulbs in autumn. Plants do not thrive in Zones 9 to 10 without a period of refrigeration; they need a cold, dormant period. Select a site with soil that drains well. How can you tell? After a good rain, find a spot that is the first to dry out.

Sunlight Full sun	Soil Well-drained soil	Water Medium	Temperature 25 to 35 degrees C	Fertilizer Apply any organic fertilizer
----------------------	---------------------------	-----------------	-----------------------------------	--

Caring for Shankpushpi

plant care is not difficult but does require vigilance. The vines need to be trained early when they are young. You may use plant ties or just weave them through trellis sections. Fertilize the plant in spring just before new growth appears. Pinch off the tips of the vines in the second year to promote branching which will fill the trellis with bushy growth.

Typical uses of Shankhpushpi

Special features: Provides attractive ornamental cover for fences, decks, trellises or other structures around the home. Containers. Hanging baskets.

Ornamental use: The plant is used for ornamental purpose.

Medicinal use: Shankhpushpi is an indigenous and considered as one the very important herbs in Ayurveda. According to Ayurveda, Shankhpushpi is pungent, alternative tonic, bitter, brightens intellect, improves complexion, increases appetite, useful in biliousness, epilepsy, bronchitis, teething troubles of infants etc.

References

- <http://www.ayurvedicindia.info/12-benefits-of-shankhpushpi-uses/>
- <http://www.missouribotanicalgarden.org/>
- <http://www.flowersofindia.net/>