

Sesame - Plant



Sesamum laciniatum

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Sales price R 319

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Description

Description for Sesame

Sesame is a flowering plant in the genus Sesamum, also called benne. Numerous wild relatives occur in Africa and a smaller number in India.

Common name	Flower colours	Bloom time	Height	Difficulty
Sesamum laciniatum	purple/white	September-December.	4 -7 feet	easy to grow

Planting and care

Plant sesame in full sunlight spaced 2-3 feet apart to allow healthy development. Once established, sesame can thrive even in high temperatures with little water. Flowers will eventually develop into dozens of elongated seed pods. Seeds are ready to be harvested when these pods turn brown and begin to open.

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun to Partial Shade	well-drained soil	medium	77Å°F to 80Å°F	Apply any organic fertilizer

Caring for Sesame

Sesame is best started indoors 4 weeks prior to the last frost of spring. Seeds should be sown in a lightweight potting medium, approximately 1/4" or less beneath the surface of the soil. Keep moist. Seeds can be collected once most of the seed pods have turned green.

Typical uses of Sesame

Special features: The monsoon crop is planted in May and harvested in August, quickly unleashing new supplies into markets

Ornamental use: The plant is used for ornamental purpose

Medicinal use: Unverified information Leaves are antibilious. Seeds are demulcant, diuretic, tonic, mucilaginous and aphrodesiac. Used in male impotence, gonorrhoea, and incontinence.

References

<http://www.flowersofindia.net/risearch/search.php?query=Sesame&stpos=0&stype=AND>