

Prickly Lettuce - Plant



Lactuca scariola, *Lactuca sylvestris*

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

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Description Prickly Lettuce is an annual or biennial plant, slightly foetid, that is commonly considered a weed of orchards, roadsides and field crops. It is the closest wild relative of cultivated lettuce (*Lactuca sativa*), it grows throughout the temperate regions of all major continents. The leaves grow along a spiny stem and get progressively smaller as they reach its top.

Common name: *Lactuca scariola*, *Lactuca sylvestris*

Color: grey green

Bloom time: July-September.

Height: 1-6 ft

Difficulty level: easy to grow

Planting & Care

Before you plant your lettuce seeds, make sure the soil is prepared. It should be loose and drain well so it's moist without staying soggy. To keep the soil fertile, feed it with organic matter about one week before you seed or transplant. Since the seed is so small, a well-tilled seedbed is essential. Large clods will reduce germination.

Sunlight: Full Sun to Partial Shade

Soil: well-drained soil

Water: Medium

Temperature: 25°C

Fertilizer: Apply any organic fertilizer

Care:

- You should be able to sow additional seeds every two weeks for a continuous harvest throughout the growing season.
- Fertilize 3 weeks after transplanting.
- Lettuce prefers soil that is high in humus, with plenty of compost and a steady supply of nitrogen to keep it growing fast.
- Use organic alfalfa meal or a slow-release fertilizer.
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Make sure soil remains moist but is well-drained.

- An organic mulch will help conserve moisture, suppress weeds, and keep soil temperatures cool throughout the warmer months.

Special Feature:

Lettuce should be harvested when full size, but just before maturity. You want it young and tender.

Use

Medicinal use:

- The plant is used for multiple purposes in traditional medicines

Ornamental use:

- The plant is used for ornamental purpose.

Note:

for medicinal use, please consult appropriate doctor before use.

Reference:

<http://www.almanac.com/plant/lettuce> <http://www.flowersofindia.net/risearch/search.php?query=Prickly+Lettuce&stpos=0&stype=AND>