

## Yard Long Imported Beans - Seeds - buy 1 get 1 free



Asparagus Bean, Snake Bean, Chinese Long Bean. 1 Packet contains 30 seeds of Yard Long Imported Beans - Seeds.

Rating: Not Rated Yet

### Price

Sales price R 105

Discount

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Description

### Description for Yard Long Imported Beans

Easily grown in average, dry to medium, well-drained soil in full sun to part shade. Tolerates full shade. Prefers moist, humusy soils in part shade. Plant 12-18" apart to cover large areas.

Common name	Flower colours	Bloom time	Height	Difficulty
Asparagus Bean, Snake Bean, Chinese Long Bean	blue	May to June	0.25 to 0.50 feet	easy to grow

### Planting and care

Plants do not thrive in Zones 9 to 10 without a period of refrigeration; they need a cold, dormant period. Select a site with soil that drains well. How can you tell? After a good rain, find a spot that is the first to dry out. Water trapped beneath the scales may rot the bulb, so a well-drained site is essential.

Sunlight	Soil	Water	Temperature	Fertilizer
Full sun to part shade	well-drained soil	Dry to medium	18-35oC	Apply any organic fertilizer

### Caring for Yard Long Imported Beans

- plant care may require a bit of effort, but the results are well worth the work.
- Not all plants are fragrant, but the most common and hardy do produce a sweet, carrying fragrance.
- Common is a vine and has larger glossy green leaves than Royal. Both can survive in temperate climates if they are planted in a sheltered area.

### Harvesting

After two months from planting.

## Typical uses of Yard Long Imported Beans

**Special features:** Versatile ground cover.1 Packet contains 30 seeds of Yard Long Imported Beans - Seeds.

**Culinary use:** it is used in cooking as vegetable.

**Medicinal use:**

The pods contain large quantities of soluble and insoluble fibers. Since the entire green pod is eaten as in french-beans, sufficient amount of dietary fiber is obtained in the diet.

Dietary-fiber helps to protect the mucousa colon by decreasing its exposure time to toxic substances as well as by binding to cancer-causing chemicals in the colon.

## References

<http://www.missouribotanicalgarden.org/> <http://www.flowersofindia.net/>