

## Wild Asparagus, Shatavari - Seeds - buy 1 get 1 free



1 packet contain upto 10gm seeds of "Shatavari"

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### Price

Sales price R 150

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Description

### Description for Wild Asparagus, Shatavari

Asparagus, or garden asparagus, scientific name *Asparagus officinalis*, is a spring vegetable, a flowering perennial plant species in the genus *Asparagus*.

Common name asparagus fern	Flower colours White	Bloom time Seasonal bloomer	Height 2.00 to 3.00 feet	Difficulty easy to grow
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### Planting and care

Start prepping your soil one year before transplanting wild asparagus. Asparagus performs best when planted in an area with loose, well-drained, fertile, sandy loam or loamy soil with a pH level between 6.0 and 6.7; the area should receive eight hours of sunlight daily. Present a soil sample to your county's agricultural extension office and request a full analysis

Sunlight Partial Shade	Soil well-drained soil. pH 7 to 8	Water Medium	Temperature 60 to 65 degrees	Fertilizer Apply any organic fertilizer
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### Caring for Wild Asparagus

- Till the soil for the asparagus bed to a depth of 1 foot using a mechanized tiller.
- Add 2 inches of organic compost over the tilled soil and work it again to a depth of 1 foot with the tiller.
- If necessary, distribute the recommended amount of lime evenly over the tilled soil and work it again to a depth of 4 or 5 inches with the tiller.
- Irrigate the soil until moist to a depth of 8 inches.
- Check the depth of moistness by pressing a 10- to 12-inch-long wood skewer in the soil and measuring how far up the skewer the water reached.

### Harvesting

Generally speaking, a plant puts up a set of skinny spears first, then fat ones, then finishes with skinny ones

## Typical uses of Wild Asparagus

### Special features:

Where winter hardy, it may be grown in borders or along foundations. Forms an interesting ground cover. Use in pots, containers and hanging baskets.

### Medicinal use:

In Ayurvedic medicine, the root of Satavari is used in the form of juice, paste, decoction and powder to treat intrinsic haemorrhage, diarrhoea, piles, hoarseness of voice, cough, arthritis, poisoning, diseases of female genital tract, erysipelas, fever, as aphrodisiac and as rejuvenative.

## References

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=b578>

<http://www.flowersofindia.net/risearch/search.php?query=%09Wild+Asparagus&stpos=0&stype=AND>