

## Water Melon F1 Aalam Daksh 55 - Seeds



Watermelon is a delicious and refreshing fruit 1 packet contains - 3gm / 10gm seeds.

Rating: Not Rated Yet

**Price**

115

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Description

### Description for Water Melon F1 Aalam Daksh 55

Everyone seems to love juicy watermelon in the summertime. Native to Africa, melons need warm temperatures (up to 80 degrees during the day) and a long growing season.

Gardeners in colder climates can still have success in growing watermelon by starting seeds indoors and choosing short-season varieties. Days to maturity range from 70 to 90, depending on the variety.

Common name	Flower colours	Bloom time	Height	Difficulty
Watermelon	-	Summer	24" Growth habit make it a creeper	Easy

## Planting and care

Growing watermelons requires lots of space, lots of sun, lots of water and lots of nutrients.

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun	Sandy and well drained, soil pH between 6 and 6.8.	Keep soil moist throughout the growing season	Daytime temperatures between 70 and 80 degrees F and nighttime temperatures between 65 and 70 degrees F are ideal.	Spray plants with liquid fertilizer and seaweed throughout the garden season. Use fertilizers before planting in soil. Apply 5:10:10

## Caring for Water Melon F1 Aalam Daksh 55

- Mulching with black plastic will serve multiple purposes: it will warm the soil, hinder weed growth and keep developing fruits clean.
- While melon plants are growing, blooming, and setting fruit, they need 1 to 2 inches of water per week.
- Water at the vine s base in the morning, and try to avoid wetting the leaves and avoid overhead watering. Reduce watering once fruit are growing. Dry weather produces the sweetest melon.
- Pruning isn t necessary, but vine productivity may be improved if you do not allow lateral (side) vines to grow and stick to the main vine. When the plant is young, just cut off the end buds as they form (before the side shoots become vines).
- As fruit is ripening, prevent rotting by gently lifting it and putting some cardboard or straw between the fruit and the soil.

## Harvesting

Watermelons dont sweeten after they are picked, so harvest time is important. They generally ripen over two weeks so keep you eye on them. Look at the color on the bottom. A green watermelon will have a white bottom; a ripe melon will have a cream- or yellow-colored bottom.

## Typical uses of Water Melon F1 Aalam Daksh 55

**Special features:** Days to maturity range from 70 to 90, depending on the variety.

### Culinary use:

They are great sliced, in fruit salads, and the rind is even used hollowed out as a serving basket or bowl.

On a hot summer day, nothing tastes better than a nice slice of watermelon. Understanding the best growing conditions for watermelons will help you grow this wonderful fruit.

### Medicinal use:

**Helps You Hydrate:** Drinking water is an important way to keep your body hydrated.

**Contains Nutrients and Beneficial Plant Compounds:** Watermelon is also high in carotenoids, including beta-carotene and lycopene. Plus, it has citrulline, an important amino acid.

**Contains Compounds That May Help Prevent Cancer:** Researchers have studied lycopene and other individual plant compounds in watermelon for their anti-cancer effects. Although lycopene intake is linked to a lower risk of some types of cancer, the results are mixed. The strongest link so far seems to be between lycopene and cancers of the digestive system

**Improve Heart Health:** Lifestyle factors, including diet, may lower the risk of heart attacks and strokes by reducing blood pressure and cholesterol levels.

**Help Relieve Muscle Soreness:** Citrulline, an amino acid in watermelon, may reduce muscle soreness.

**Is Good for Skin and Hair:** Vitamin C helps your body make collagen, a protein that keeps your skin supple and your hair strong.

**Can Help Improve Digestion:** Fiber and water are important for healthy digestion. Watermelon contains both.

## References

<http://www.gardeningknowhow.com/edible/fruits/watermelon/growing-watermelon.htm>