

## Swiss Chard - Seeds - buy 1 get 1 free



1 packet contains Swiss Chard - 5gm seeds.

Rating: Not Rated Yet

**Price**

Sales price R 105

Discount

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Description Chard is a leafy green vegetable often used in Mediterranean cooking. In the Flavescens-Group-cultivars, the leaf stalks are large and are often prepared separately from the leaf blade.

**Common name:** silverbeet, perpetual spinach, spinach beet, crab beet, bright lights, seakale beet, and mangold

**Color:** green

**Bloom time:** Non-flowering

**Height:** 1.00 to 1.50 feet

**Difficulty level:** easy to grow

**Planting & Care**

The vining varieties require a support structure as some can get 15 feet tall. All plants prefer sun to light shade sites with well-draining and moderately fertile soil. Install the plant in the ground at the same level it was growing in the nursery pot. Most plants are grafted onto the common rootstock because of its superior hardiness.

**Sunlight:** Full sun to part shade

**Soil:** well-drained soil

**Water:** Medium

**Temperature:** 40 F to 95 F

**Fertilizer:** Apply any organic fertilizer

**Care:**

- Plants do not thrive in Zones 9 to 10 without a period of refrigeration; they need a cold, dormant period.
- Select a site with soil that drains well.
- How can you tell? After a good rain, find a spot that is the first to dry out.
- Water trapped beneath the scales may rot the bulb, so a well-drained site is essential.
- Also, select a site that gets full sun.
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**Care:**

- Clean away from around the base of the rosebushes any trimmed debris that can harbor disease and insects.
- Late in the season, stop deadheading rugosas so that hips will form on the plants; these can be harvested and dried on screens, away from sunlight, then stored in an airtight container.
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**Special Feature:**

Edible garden vegetable for harvest of underground beets and/or leaves and/or foliage ornamental (Leaf Beet and Garden Beet Groups). Commercial source of sucrose for production of sugar (Sugar Beet Group). Fodder for livestock (Fodder Group cultivars).

Use

**Medicinal use:**

- Swiss chard is a member of the chenopod plant family, which includes other beneficial foods such as beets, spinach, and quinoa.
- Chenopod vegetables have been used for their medicinal purposes for centuries in traditional forms of folk medicine.

**Note:**

for medicinal use

**Reference:**

<http://www.missouribotanicalgarden.org/> <http://www.flowersofindia.net/>

**Reviews**

Thursday, 17 August 2017

I planted the seeds in a vermincompost/soil mix outside in the shadow. Since it is very hot right now it is perfect for tomatos to grow. The seeds germinated a few days after planting them

Nazneen Shah

Tuesday, 15 August 2017

Very good service. High quality product.

Santosh Choudhary

Tuesday, 11 July 2017

This plant looks best in pots.

Sridhar Godugula

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