

## Rucola Cultivated, Rocket Cultivated - Seeds - buy 1 get 1 free



1 packet contains Rucola Cultivated - 50 seeds.

Rating: Not Rated Yet

### Price

Sales price R 125

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Description

### Description for Rucola Cultivated, Rocket Cultivated

Rocket Salad is an annual salad plant that has leaves similar in taste and appearance to its relative, the radish (*Raphanus sativus*).

Common name	Flower colours	Bloom time	Height	Difficulty
<i>Eruca vesicaria</i> subsp. <i>sativa</i>	-	Summer	6" - 12 in.	easy to grow

### Planting and care

Place the seedling plug in the hole and firm gently around the roots, water well. Crop care: Keep soil moist at all times for best flavoured leaves and to prevent plants from bolting (running to seed). Seed can also be sown in pots on the windowsill for all the year round harvesting of fresh leaves.

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun to Partial Shade	well-drained soil	Medium	40 and 65 degrees,	Apply any organic fertilizer

### Caring for Rucola Cultivated

- Weed around plants frequently.
- Plants thrive in cool wether.
- Plant crops for spring and fall.
- For a continuous harvest during this period, plant succession crops.
- Arugula will withstand light frosts. It likes full sun, but will tolerate partial shade.
- For best results, grow Arugula or Roquette, quickly during cool weather, in moist, fertile soil.

### Harvesting

Simply pick the young leaves and the plant will keep generating new ones for months.  
older leaves are a bit tougher and hotter.

Pick over the whole row rather than just one or two plants as this would weaken them.

As the flower buds appear pinch them out to prolong cropping.

The flowers are small, white with dark centers and can be used in the salad for a light piquant flavour.

Roquette is ready to harvest in 40 days.

## Typical uses of Rucola Cultivated

**Special features:** Arugula, also called Roquette, is a leafy green vegetable, like lettuce and spinach. Native to the Mediterranean and Asia, Roquette is a member of the mustard family. Like other leaf crops, growing Arugula in cool weather is best.

## References

<http://www.gardenersnet.com/vegetable/roquette.htm> <http://www.heirloom-organics.com/guide/va/guidetogrowingarugula.html>