

German Chamomile - Seeds - buy 1 get 1 free



Matricaria recutita

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Sales price R 125

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Description

Description for German Chamomile

Easily grown in average, dry to medium moisture, well-drained soils in full sun. Performs well in light sandy soils. Tolerates light shade. Tolerates poor soils. Best with regular moisture.

Common name	Flower colours	Bloom time	Height	Difficulty
Matricaria recutita	White rays with yellow center disk	June to August	1.00 to 2.00 feet	easy to grow

Planting and care

German chamomile can be directly sown after all danger of frost has passed. Direct sow in average but well drained soil in full sun at the recommended planting time. Remove weeds and work organic matter into the top 6-8 inches of soil; then level and smooth. Sow seeds evenly and cover with ¼ inches of fine soil.

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun	well-drained soil	Dry to medium	70 degrees F.	Apply any organic fertilizer

Caring for German Chamomile

Light: Full sun to part shade Water: Keep the potting soil moist but never soggy. Sandy, well-draining soil is best for chamomile.

Typical uses of German Chamomile

Special features: Numerous additional uses for this herb beyond tea include (a) culinary (addition to cream cheese, fruit preparations and salads), (b) cosmetic (add to compresses or floral waters), (c) medicinal (add to creams for treatment of minor inflammations, wounds or irritations of mouth or gums), (d) add to potpouris and (e) sachet pouch for bath water.

Medicinal use:

Unverified information Chamomilla is a widely recognized herb in Western culture.

Its medicinal usage dates back to antiquity where such notahles as Hippocrates, Galen, and Asclepius made written reference to it.

A common ingredient today in herbal teas because of its calming, carminative, and spasmolytic properties, it is also a popular ingredient in topical health and beauty products for its soothing and anti-inflammarory effects on skin.

References

<http://www.balconycontainergardening.com/plants/393-grow-care-chamomile-flowers>

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=277347&isprofile=0&>