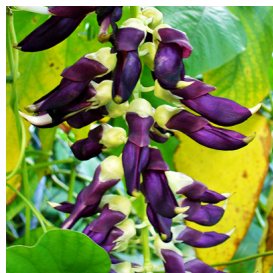


## Mucuna Pruriens, Velvet Bean - 0.5 Kg Seeds



Its English common names include velvet bean, Bengal velvet bean, Florida velvet bean, Mauritius velvet bean, Yokohama velvet bean, cowage, cowitch, lacuna bean, Lyon bean, Donkey eye, monkey tamarind and Buffalo beans

Rating: Not Rated Yet

**Price**

Sales price R 1,268

Discount

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Description Mucuna pruriens is a tropical legume native to Africa and tropical Asia and widely naturalized and cultivated.

**Common name:** Velvet bean, Cowitch, Cowhage, Kapikachu, Nescafe, Sea bean

**Color:** black or brown

**Bloom time:** summer

**Height:** 12-15 ft.

**Difficulty level:** easy to grow

**Planting & Care**

Place 2 or 3 seeds in 7cm (3") pots of seed compost, giving enough water to make the mixture barely moist. Cover the pot with clear plastic wrap. Place the pots in bright light at a temperature of 18 to 21°C (65 to 70°F). Water enough to keep soil from drying out completely.

**Sunlight:** Full Sun to Partial Shade

**Soil:** well-drained soil

**Water:** Medium

**Temperature:** 21°C

**Fertilizer:** Apply any organic fertilizer

**Care:**

- Potting soil used for palm plants should be well draining, and any container used for the plant should have ample drainage holes in the bottom.
- Soil should be moist at all times during the growing season, although it is essential to avoid over-saturation, which can lead to root rot.
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**Care:**

- Seeds may also be placed in hot water and soaked overnight.
- Place seeds in a moist soil medium, cover with a light sprinkle of soil and place in a warm, bright location.
- Seeds generally take about a week to germinate, according to Guide to Houseplants.

**Special Feature:**

The longitudinally ribbed pod, is densely covered with loose orange hairs which cause a severe itch if they come in contact with skin. The beans are shiny black or brown. It is found in tropical Africa, India and the Caribbean.

Use

**Medicinal use:**

- Unverified information Velvet bean can be beneficial, since it is high in levodopa which helps maintain healthy cholesterol and blood sugar levels.
- The seed powder of Mucuna pruriens has long been used in Ayurvedic medicine for diseases including parkinsonism, and has proven in medical tests to have equal or superior effectiveness in the treatment of parkinsons disease over conventional, synthetic levodopa medications.
- br> Another benefit of Mucuna is that it can increase the production of human growth hormone, and extracts are commonly sold as body-building supplements.
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**Note:**

for medicinal use, please consult appropriate doctor before use.

**Reference:**

<http://www.flowersofindia.net/riresearch/search.php?query=Mucuna+Pruriens%2C&stpos=0&stype=AND>