

## Mentha Arvensis, Japanese Mint - Plant



The scent of this wild mint growing in a field is often so strong you can smell it long before you can see it.

Rating: Not Rated Yet

### Price

Sales price R 272

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Description

### Description for Mentha Arvensis, Japanese Mint

*Pycnanthemum tenuifolium*, the narrowleaf mountainmint, slender mountainmint, common horsemint or Virginia thyme, is a plant in the mint family, Lamiaceae. It is native to eastern North America.

Common name	Flower colours	Bloom time	Height	Difficulty
Mentha Arvensis, Japanese Mint, Field Mint	White	July to September	6 to 18 inches	easy to grow

### Planting and care

After a good rain, find a spot that is the first to dry out. Water trapped beneath the scales may rot the bulb, so a well-drained site is essential. Also, select a site that gets full sun. For dependable blooms, lilies need six to eight hours of direct sunlight a day. If its too shady, the stems will attempt to lean towards the sun or get spindly and fall over.

Sunlight	Soil	Water	Temperature	Fertilizer
Full sun to part shade	well-drained soil	Dry to medium	10 C	Apply any organic fertilizer

### Caring for Mentha Arvensis

- Planting wild mint begins with choosing the right patch of garden in which to plant it.
- This plant does not like to get dried out, so sandy soils arent the best environment in which to grow your field mint.
- Dig a good quantity of compost into sandy soils to help keep the soil moist.
- Make sure your proposed planting site includes full sun, or almost full sun.
- It can tolerate light shade, but not dappled sun, like underneath a tree.
- Like any other mint plant, the care of field mint plant isnt so much a question of keeping it healthy and alive as it is of keeping it held back.

## Typical uses of Mentha Arvensis

**Special features:** Interesting plant for the herb garden, border, naturalized area or meadow. Also may be grown in open areas near ponds and streams.

**Culinary use:** Used in various dishes.

## References

<http://www.missouribotanicalgarden.org/> <http://www.flowersofindia.net/>