

Marrubium vulgare - Plant



White Horehound, Common Horehound

Rating: Not Rated Yet

Price

Sales price R 1,004

Discount

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Description Marrubium vulgare is a flowering plant in the family Lamiaceae, native to Europe, northern Africa, and southwestern and central Asia. It is also widely naturalized in many places, including most of North and South America.

Common name: White Horehound, Common Horehound

Color: white,

Bloom time: June-September

Height: 8 - 24 inch

Difficulty level: easy to grow

Planting & Care

The horehound herb plant can be planted from seed, cuttings and division. Plant the seed three weeks before your last expected frost date. The seeds are surface sown and covered with a dusting of soil to prevent the wind from taking them. When planning how to plant horehound remember the germination difficulties of the seed.

Even moisture is important to encourage sprouting which is erratic. Seedlings are thinned to 10 inches apart and you can harvest the leaves after the plant flowers.

Sunlight: Full Sun to Partial Shade

Soil: well-drained soil

Water: Medium

Temperature: 65F

Fertilizer: Apply any organic fertilizer

Care:

- Horehound is grown in full sun and well drained soil.
- The plant's other requirements are minimal as it can spring up naturally in nutrient deficient areas and sandy soils.
- Horehound produces a burr-like seed pod which contains tiny seeds.
- The seeds are slow to germinate and do not need to be sown deeply.

- Prior to seeding the horehound plant cultivate the soil and rake it to remove roots, rocks and debris.
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Special Feature:

An essential oil is obtained from the plant and used as a flavouring in liqueurs[46]. The plant has been used as a cure for cankerworm in trees[238]. No more details are given but it is probably a strong infusion of the flowering shoots, or the essential oil, that is used[K]. The growing plant repels flies.

Use

Medicinal use:

- Unverified information The leaves and young shoots are harvested for medicinal preparations.
- Syrup made of the green fresh leaves and sugar is a most singular remedy against the cough and wheezing of the lungs.
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Culinary use:

- The leaves are used as a seasoning[27].
- Bitter and pungent, they are sometimes used to flavour herb beer or liqueurs.
- Horehound ale is a fairly well-known drink made from the leaves.
- A mild pleasantly flavoured tea is made from the fresh or dried leaves[183], it is a favourite cough remedy.
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Ornamental use:

- The plant is used for ornamental purpose

Note:

for medicinal use, please consult appropriate doctor before use.

Reference:

<http://www.pfaf.org/user/Plant.aspx?LatinName=Marrubium+vulgare> <http://www.gardeningknowhow.com/edible/herbs/horehound/growing-horehound.htm> <http://www.flowersofindia.net/risearch/search.php?query=Marrubium+vulgare&stpos=0&stype=AND>

Reviews

Wednesday, 30 August 2017

Young ones adapt better

Shreyapiki Ritu

Sunday, 01 January 2017

Very good garden plants, worth enough for normal gardening. Got for deal price.

Priti Prasad

Monday, 14 November 2016

Very happy with product. All the leaves were green and fresh. A very nice product in such a affordable price

Archana Damle

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