

Malabar Nut - Plant



Pachira aquatica Lemon Blush

Rating: Not Rated Yet

Price

Sales price R 965

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Description

Description for Malabar Nut

Justicia adhatoda, commonly known in English as Malabar nut, adulsa, adhatoda, vasa, or vasaka, is a medicinal plant native to Asia, widely used in Siddha Medicine, Ayurvedic, homeopathy and Unani systems of medicine

Common name	Flower colours	Bloom time	Height	Difficulty
Pachira aquatica Lemon Blush	golden yellow	Seasonal bloomer	20.00 to 30.00 feet	easy to grow

Planting and care

Enjoys a dappled sun / full shade position in your garden and remember to water often. Keep in mind when planting that Malabar Nut is thought of as tender, so remember to wait until your soil is warm and the night time temperature is well above freezing before moving outside

Sunlight	Soil	Water	Temperature	Fertilizer
Full sun to part shade	well-drained soil	Medium	-	Apply any organic fertilizer

Caring for Malabar Nut

The leaves are known to moderate the hypotensive activity, by lowering the blood pressure. They assist in conditions like uterine involution, menorrhagia (excessive menstrual bleeding), post-childbirth hemorrhage and uterine stimulant activity. The fresh juice obtained from leaves of Malabar nut has been used to treat tuberculosis. Its local use gives relief from pyorrhoea and bleeding gums

Typical uses of Malabar Nut

Special features: Interesting tropical plant for frost-free areas. Foliage houseplant. Bonsai.

Ornamental use: The plant is used for ornamental purpose.

Medicinal use: Adhatoda is useful for curing coughs, colds and asthma and is easy to administer. It has been used for centuries, and is mentioned in Sanskrit scripture

References

<https://myfolia.com/plants/43576-malabar-nut-justicia-adhatoda>

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=258906&isprofile=0&cv=4>

<http://www.flowersofindia.net/risearch/search.php?query=Malabar+Nut&stpos=0&stype=AND>