

## Lagerstroemia Speciosa - 0.5 Kg Seeds



Commonly Known as giant crape-myrtle, Queen's crape-myrtle, banabá plant for Philippines, or Pride of India

Rating: Not Rated Yet

**Price**

Sales price R 1,076

Discount

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Description Lagerstroemia speciosa is a species of Lagerstroemia native to tropical southern Asia.

**Common name:** Pride of India

**Color:** Pink

**Bloom time:** peak of summer.

**Height:** 13 m

**Difficulty level:** easy to grow

**Planting & Care**

In Vietnam the plant's young leaves are consumed as vegetables, and its old leaves and mature fruit are used in traditional medicine for reducing glucose in blood.

**Sunlight:** Full Sun to Partial Shade

**Soil:** well-drained soil

**Water:** Medium

**Temperature:** 25-28 deg.C

**Fertilizer:** Apply any organic fertilizer

**Care:**

- It is a small to medium-sized tree growing to 20 metres (66 ft) tall, with smooth, flaky bark.
- The leaves are deciduous, oval to elliptic, 8–15 cm (3.1–5.9 in) long and 3–7 cm (1.2–2.8 in) broad, with an acute apex.

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**Care:**

- Deadhead to prolong flowering.
- Maintain moderate soil moisture and fertilize lightly.
- plant will die with the first frost.

**Special Feature:**

The leaves of the banabá and other parts are used widely in the Philippines, Taiwan, and Japan as a tea preparation. Banabá herb is one of the 69 herbal plants promoted by the Philippine Department of Health (DOH).[3] In Vietnam the plant s young leaves are consumed as vegetables, and its old leaves and mature fruit are used in traditional medicine for reducing glucose in blood.

Use

**Note:**

Luckily, plants are deer-resistant, so they might help keep nearby flowers from being eaten.

**Reference:**

[https://en.wikipedia.org/wiki/Lagerstroemia\\_speciosa](https://en.wikipedia.org/wiki/Lagerstroemia_speciosa) <https://florafaunaweb.nparks.gov.sg/Special-Pages/plant-detail.aspx?id=2992>