

Lagerstroemia Speciosa - 0.5 Kg Seeds



Commonly Known as giant crape-myrtle, Queen's crape-myrtle, banabá plant for Philippines, or Pride of India

Rating: Not Rated Yet

Price

Sales price R 1,076

Discount

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Description *Lagerstroemia speciosa* is a species of *Lagerstroemia* native to tropical southern Asia.

Common name: Pride of India

Color: Pink

Bloom time: peak of summer.

Height: 13 m

Difficulty level: easy to grow

Planting & Care

In Vietnam the plant's young leaves are consumed as vegetables, and its old leaves and mature fruit are used in traditional medicine for reducing glucose in blood.

Sunlight: Full Sun to Partial Shade

Soil: well-drained soil

Water: Medium

Temperature: 25-28 deg.C

Fertilizer: Apply any organic fertilizer

Care:

- It is a small to medium-sized tree growing to 20 metres (66 ft) tall, with smooth, flaky bark.
- The leaves are deciduous, oval to elliptic, 8–15 cm (3.1–5.9 in) long and 3–7 cm (1.2–2.8 in) broad, with an acute apex.

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Care:

- Deadhead to prolong flowering.
- Maintain moderate soil moisture and fertilize lightly.
- plant will die with the first frost.

Special Feature:

The leaves of the banabá and other parts are used widely in the Philippines, Taiwan, and Japan as a tea preparation. Banabá herb is one of the 69 herbal plants promoted by the Philippine Department of Health (DOH).[3] In Vietnam the plant s young leaves are consumed as vegetables, and its old leaves and mature fruit are used in traditional medicine for reducing glucose in blood.

Use

Note:

Luckily, plants are deer-resistant, so they might help keep nearby flowers from being eaten.

Reference:

https://en.wikipedia.org/wiki/Lagerstroemia_speciosa <https://florafaunaweb.nparks.gov.sg/Special-Pages/plant-detail.aspx?id=2992>