

## Lactuca scariola - Plant



Lactuca scariola

Rating: Not Rated Yet

**Price**

Sales price R 123,456

Discount

[Ask a question about this product](#)

Description Lactuca scariola, also called prickly lettuce, milk thistle compass plant, and scarole, is an annual or biennial plant in the dandelion tribe within the daisy family.

**Common name:** Lactuca scariola

**Color:** grey green

**Bloom time:** July - September

**Height:** 2 to 6 feet

**Difficulty level:** easy to grow

**Planting & Care**

This is a weed throughout temperate regions. It can however be harvested and eaten, although it is somewhat bitter. Enjoys a full sun / partial sun position in your garden. Keep in mind when planting that Prickly Lettuce is thought of as hardy, so this plant will survive close to or on freezing temperatures.

**Sunlight:** Full Sun to Partial Shade

**Soil:** well-drained soil

**Water:** Medium

**Temperature:** 30°C

**Fertilizer:** Apply any organic fertilizer

**Care:**

- Start with pruning shears for smaller growth.
- Use loppers, which look like giant, long-handle shears, for growth that is more than half an inch thick.
- A small pruning saw is handy, as it cuts on both the push and the pull.

**Special Feature:**

Prefers a light sandy loam in a sunny position. The wild lettuce is cultivated for the oil in its seed in Egypt. A compass plant, the top leaves align

north-south.

Use

**Medicinal use:**

- The plant should be used with caution, and never without the supervision of a skilled practitioner.
- Even normal doses can cause drowsiness whilst excess causes restlessness[238] and overdoses can cause death through cardiac paralysis.
- The fixed oil from the seeds is said to possess antipyretic and hypnotic properties[240].
- A homeopathic remedy is made from the plant.
- It is used in the treatment of chronic catarrh, coughs, swollen liver, flatulence and ailments of the urinary tract

**Ornamental use:**

- The plant is used for ornamental purpose.

**Note:**

for medicinal use, please consult appropriate doctor before use.

**Reference:**

<https://myfolia.com/plants/44099-prickly-lettuce-lactuca-scariola>

<http://www.flowersofindia.net/research/search.php?query=Lactuca+scariola&stpos=0&stype=AND>