

## Kumarika - Plant



Kumarika, an Indian Medicinal plant, is a prickly climbing plant having quadrangular branches.

Rating: Not Rated Yet

### Price

Sales price R 1,532

Discount

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Description

## Description for Kumarika

It is found in the hilly areas throughout tropical India from the Himalayas to the state of Kerala at an altitude of about 2500 meters. Kumarika is a valued medicinal plant in India. A decoction of the bulbous roots of this medicinal plant is used to promote the healing of sores, swellings and abscesses. In some regions of India the roots of Kumarika are taken internally in order to treat skin diseases, and as a substitute for sarsaparilla for venereal diseases.

In Ayurveda, the roots are used in the treatment of diseases of the nervous system and urinary disorders. Among the Santhalis, it is applied to get relief from rheumatism and pains in the lower extremities. In Bastar in the state of Madhya Pradesh in India, the roots of this medicinal plant are used in the treatment of spermatorrhoea, to promote fertility and as a refrigerant.

Common name	Flower colours	Bloom time	Height	Difficulty
kumarika	White, greenish-white, clustered flowers	May and June	-	Medium

## Planting and care

Kumarika is a large climber with slender, smooth or sparsely spiny, striate and quadrangular branches. The leaves are alternate, 8 to 20 centimetres long and 4 to 12 centimetres wide, variable in shape (ovate, lanceolate or elliptic), glabrous, shining, apex acuminate or cuspidate and base is usually rounded.

The main nerves are 5 to 7 and the petioles are 1.3 to 2.5 centimetres long, stout, narrowly sheathing below the middle. The tendrils are slender and very long. Flowers of Kumarika are greenish-white in colour and are borne on stalked, many-flowered umbels, 1 to 3 together. The pedicels of both male and female flowers arise from an aggregation of a number of minute bracts.

There are 6 segments of the flower and are usually reflexed. The fruits (capsule) of this plant are spherical, pea-sized, smooth and green in colour and turn red when ripe.

Sunlight  
Full to partial sun.

Soil  
It grows best in moist woodlands with a soil pH between 5 and 6.

Water  
medium

Temperature  
Average room temperature.

Fertilizer  
-

### Caring for Kumarika

- This is a very damage-tolerant plant capable of growing back from its rhizomes after being cut down or burned down by fire.
- This, coupled with the fact that birds and other small animals spread the seeds over large areas, makes the plants very hard to get rid of.

### Typical uses of Kumarika

**Special features:**

**Culinary use:** na

**Medicinal use:** A decoction of the bulbous roots of this medicinal plant is used to promote the healing of sores, swellings and abscesses. The roots of Kumarika are taken internally in order to treat skin diseases, and as a substitute for sarsaparilla for venereal diseases. In Ayurveda, the roots are used in the treatment of diseases of the nervous system and urinary disorders.

### References

#### Reviews

Wednesday, 30 August 2017

Very nice plant but price is ok

RAMNI GULATI

Sunday, 20 August 2017

Attractive plants for pot culture

Surbhi Sharma

Saturday, 10 December 2016

Great plant, great case, great packaging. If you are planning to buy please go ahead.

Swarnika Raghu

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