

Jasminum sambac, Mogra, Arabian Jasmine - Plant



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Description

Description for Jasminum sambac, Mogra, Arabian Jasmine

Asminum sambac is a species of jasmine native to a small region in the eastern Himalayas in Bhutan, Pakistan, Karachi and neighboring India. It is cultivated in many places, especially across much of South and Southeast Asia.

It is naturalized in many scattered localities: Mauritius, Madagascar, the Maldives, Cambodia, Java, Christmas Island, Chiapas, Central America, southern Florida, the Bahamas, Cuba, Hispaniola, Jamaica, Puerto Rico, and the Lesser Antilles

Jasminum sambac is a small shrub or vine growing up to 0.5 to 3 m (1.6 to 9.8 ft) in height. It is widely cultivated for its attractive and sweetly fragrant flowers. The flowers are also used for perfumes and for making tea. It is known as the Arabian jasmine in English.

It is the national flower of the Philippines, where it is known as sampaguita. It is also one of the three national flowers of Indonesia, where it is known as melati putih.

Common name	Flower colours	Bloom time	Height	Difficulty
Bel/Beli, Arabian jasmine, Tuscan jasmine, Sambac jasmine, Mogro, Moghra, Dundu Mallige, Mogare, Kabok lei, Mogara, Juhi Mahli, Motiya, Malati, Malligai, Mallepuvva, Yasmeen or Motiya	Mogra flowers are white with strong fragrance.	Year round	Jasminum sambac is a small shrub or vine growing up to 0.5 to 3 m (1.6 to 9.8 ft) in height	Easy to grow

Planting and care

You can grow jasmine indoors in containers or outdoor in ground to get up to 9 months of fragrant flowers.

Sunlight	Soil	Water	Temperature	Fertilizer
The jasmine shrub prefers full sun, at least 6 hour of sun light, but it will tolerate partially shaded conditions.	Plant in a free draining rich soil by mixing two parts loam, two parts peat moss and one part river sand. You can also add coconut coir or organic compost into the soil to increase the moisture retention.	Allow the soil to dry out before watering. Water Jasmine plant thoroughly until water comes out the drainage holes, but always keep the drip tray empty. Reduce the frequency of watering in winter.	It grows in intermediate to warm temperatures. 50 to 60 degree Celsius	A slow release fertilizer may be used each spring, though its not necessary.

Caring for Jasminum sambac

- Dig a hole the size of the root ball and set the jasmine plant inside. Once you put the plant in the hole, half fill it with the soil that technique is for pot as well as ground
- Fill the surrounding area with soil.
- Make a raised boundary of soil around the plant and fill with water
- Put a 2-3 inch layer of mulch around the plant
- When grown, tie the stems to prevent from drooping and causing damage to flowers and plant
- You can plant your Arabian Jasmine Mogra in a pot using the above mentioned soil
- The pot should have good drainage with several holes
- Allow the soil to dry out before watering
- Water Jasmine plant thoroughly until water comes out the drainage holes, but always keep the drip tray empty
- Reduce the frequency of watering in winter

Typical uses of Jasminum sambac

Special features: The fragrance is heavenly especially in the evenings as the flowers open after sun set and in the hot summers the plant is in its full beauty.

Culinary use: The flowers are also flavor Jasmine tea and other herbal or black tea. Jasmine oil, which is a very popular fragrant oil, contains benzyl acetate, terpinol, jasmone, benzyl benzoate, linalool, several alcohols, and many other compounds.

Ornamental use:

The scented flowers are used for making perfumes and incense, Its oil is also used in creams, shampoos and soaps. It is considered to be a great skin toner and conditioner.

In India Jasmine flowers are strung together to make garlands, Women in India wear this flower in their hair. Especially in south India, Jasmine flowers are an integral part of their decoration of hair.

Some communities even use this flower to cover the face of the bridegroom. People use the Jasmine flowers as religious offerings to the gods like Lord Shiva And Lord Vishnu.

Medicinal use: It is considered to be an apt and biological cure for jaundice and other venereal diseases. The flower buds help in treatment of ulcers, vesicles, boils, skin diseases and eye disorders. The leaves extracts against breast tumours. Drinking Jasmine tea regularly helps in curing cancer. Its oil is very effective in calming and relaxing.

References

- <http://www.mykitchengarden.info/2014/06/how-to-grow-and-care-jasmine-plant.html>