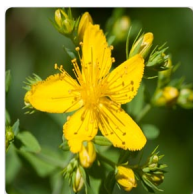


Hypericum perforatum - Plant



St. John s wort

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

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Description Hypericum perforatum, known as perforate St John s-wort, common Saint John s wort and St John s wort, is a flowering plant in the family Hypericaceae. The common name "St John s wort" may be used to refer to any species of the genus Hypericum.

Common name: St. John s wort

Color: Brown, Purple, Red, White

Bloom time: June to August

Height: 1.00 to 3.00 feet

Difficulty level: easy to grow

Planting & Care

Depending on the individual species, St. John s Wort may survive in USDA hardiness zones from 3-10. St. John s Wort should be grown in a spot where they will receive full sun or partial to light shade. Plant them in average to fertile, well draining garden soil.

Sunlight: Full sun to part shade

Soil: well-drained soils

Water: Medium

Temprature: 24 degrees C

Fertilizer: apply any organic fertilizer

Care:

- Hypericum grows well from seed sown in sunny, well-drained soil that has a pH between 5.5 and 7.
- If the soil has a pH below 5.5, you can add lime, or, if the pH is above 7, peat moss helps to improve the pH balance.
- The seeds should be scattered over the soil and then covered with a light layer of soil.
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The soil should remain moist, but not overly wet as this could cause rotting, during the germination period of three weeks to three

months.

- The weakest Hypericum seedlings should be removed as should any weeds that spring up.

Special Feature:

Easily grown in medium moisture

Use

Medicinal use:

- Aromatic, astringent, resolvent, expectorant and nervine.
- Used in all pulmonary complaints, bladder troubles, in suppression of urine, dysentery, worms, diarrhoea, hysteria and nervous depression, haemoptysis and other haemorrhages and jaundice.

Note:

for medicinal use, please consult appropriate doctor / physician before use.

Reference:

<https://www.rhs.org.uk/plants/details?plantid=1001> <http://www.carithers.com/pages/hypericum.htm>