

## Hing, Asafoetida - Plant



Peucedanum jaeschkeanum,

Rating: Not Rated Yet

### Price

Sales price R 780

Discount

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Description

## Description for Hing, Asafoetida

Hing has been used since ancient times as a home remedy for indigestion and other stomach problems. Apart from this, drinking a glass of warm water mixed with hing increases your libido by enhancing blood flow.

Common name	Flower colours	Bloom time	Height	Difficulty
Peucedanum jaeschkeanum,	yellow	April-June.	12 feet	easy to grow

## Planting and care

Asafoetida commonly known as "Hing" or "Heeng" is a powerful spice. The smell of Asafoetida is very strong somewhat like concentrated Onions and Garlic put together. Only little quantities of this Hing Spice is powerful enough to give an ultimate Flavor and Aroma to your dishes.

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun	well-drained soil	medium	-5 and -10Â°c[200]	Apply any organic fertilizer

## Caring for Hing

Asafoetida is extensively used in Indian Cuisine in various types of curries, vegetables, dals and meat dishes. Asafoetida or Hing adds an ultimate flavor and aroma to the food.

## Typical uses of Hing

**Special features:**

**Ornamental use:** The plant is used for ornamental purpose

**Medicinal use:** abdominal injuries

## References

- <https://www.planetspices.com/blogs/spices/15643007-asafoetida-hing-spice>
- <http://www.flowersofindia.net/risearch/search.php?query=%09Hing%2C+Asafoetida&stpos=0&stype=AND>

## Reviews

Wednesday, 30 August 2017

Amazed us with safe and sound delivery

ZEESHAN UR RAHMAN

Wednesday, 26 July 2017

Very nice plant ...n very neatly packed

Jiten Morekar

Monday, 10 July 2017

I have been growing exotic plants for 50 years

Nivedita Nadurmath

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