

Hing, Asafoetida - Plant



Peucedanum jaeschkeanum,

Rating: Not Rated Yet

Price

749

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Description

Description for Hing, Asafoetida

Hing has been used since ancient times as a home remedy for indigestion and other stomach problems. Apart from this, drinking a glass of warm water mixed with hing increases your libido by enhancing blood flow.

Common name	Flower colours	Bloom time	Height	Difficulty
Peucedanum jaeschkeanum,	yellow	April-June.	12 feet	easy to grow

Planting and care

Asafoetida commonly known as "Hing" or "Heeng" is a powerful spice. The smell of Asafoetida is very strong somewhat like concentrated Onions and Garlic put together. Only little quantities of this Hing Spice is powerful enough to give an ultimate Flavor and Aroma to your dishes.

Sunlight
Full Sun

Soil
well-drained soil

Water
medium

Temperature
-5 and -10°C[200]

Fertilizer
Apply any organic fertilizer

Caring for Hing

Asafoetida is extensively used in Indian Cuisine in various types of curries, vegetables, dals and meat dishes. Asafoetida or Hing adds an ultimate flavor and aroma to the food.

Typical uses of Hing

Special features:

Ornamental use: The plant is used for ornamental purpose

Medicinal use: abdominal injuries

References

- <https://www.planetspices.com/blogs/spices/15643007-asafoetida-hing-spice>
- <http://www.flowersofindia.net/research/search.php?query=%09Hing%2C+Asafoetida&stpos=0&stype=AND>