

## Hibiscus (Red Double) - Plant



Growing hibiscus is an easy way to add a tropical flair to your garden. When you know how to care for hibiscus plants, you will be rewarded with many years of lovely flowers.

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### Price

Sales price R 439

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Description

### Description for Hibiscus (Red Double)

Many people who are growing a hibiscus plant choose to do so in a container. This allows them to move the hibiscus plant to ideal locations, depending on the time of year.

Hibiscus is a genus of flowering plants in the mallow family, Malvaceae. It is quite large, containing several hundred species that are native to warm-temperate, subtropical and tropical regions throughout the world. Member species are often noted for their showy flowers and are commonly known simply as hibiscus, or less widely known as rose mallow.

Hibiscus plants prefer a cosy fit when growing in a container. This means that they should be slightly root bound in the pot and when you do decide to re-pot, give the hibiscus only a little bit more room. Always make sure that your growing hibiscus plant has excellent drainage.

The genus includes both annual and perennial herbaceous plants, as well as woody shrubs and small trees. Flowers may be up to 6 inches diameter, with colours ranging from yellow to peach to red. Hibiscus can be planted singly or grown as a hedge plant; they can also be pruned into a single-stemmed small tree. The flowers are attractive to butterflies and hummingbirds.

Hibiscus are deciduous shrubs with dark green leaves; the plants can grow to 15 feet tall in frost-free areas. Flowers may be up to 6 inches diameter, with colours ranging from yellow to peach to red. Hibiscus can be planted singly or grown as a hedge plant; they can also be pruned into a single-stemmed small tree.

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Common name

Hibiscus (Red Double), Chinese hibiscus and tropical hibiscus.

Flower colours

Red

Bloom time

Annual

Height

15 feet

Difficulty

Easy to grow

### Planting and care

Hibiscus plants are large shrubs that bloom with enormous flowers of all colors. Their growth is so vigorous that they can be trained to develop into moderately tall trees that blossom year after year. They are relatively easy to cultivate and grow.

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun to Partial Shade	Acidic soil mixed with organic matter is preferred. The fertilizer should be applied every 2-3 weeks.	Rain water is most beneficial. The soil should be kept consistently moist. Drip-irrigating systems are ideal for growing Hibiscus.	16-32 C	Balanced fertilizer, such as 10-10-10 or 5-5-5.

## Caring for Hibiscus

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## Typical uses of Hibiscus

### Special features:

**Culinary use:** Chinese eat this flower by making pickle. Jamaicans use this flower in herbal tea as it contains many minerals and vitamins Dried hibiscus is edible, and it is often a delicacy in Mexico. It can also be candied and used as a garnish.

**Medicinal use:** The chemicals in hibiscus flower helps in growth of hair. It reduces dandruff and makes the hair black. The natural oil in this flower acts as a good conditioner This flower can be used as natural dye for hair The oil in this flower can be applied to the skin of patients who are suffering from cellulite which makes the skin to glow The ash obtained by burning the flower and leaves of this flower can be applied to eyebrows which glazes them black This flower can be used as shoe polish by rubbing it on the shoe.

## References

- <http://www.garden.org/plantguide/?q=show&id=2133>
- <http://hibiscus-sinensis.com/care.html>
- <http://www.boldsky.com/health/wellness/2013/medicinal-uses-of-hibiscus-leaves-036083.html>
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