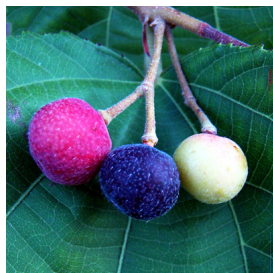


Grewia Asiatica, Phalsa, Falsa - 0.5 Kg Seeds



Rating: Not Rated Yet

Price

Sales price R 1,833

Discount

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Description Phalsa is an exotic bush and usually 10 to 15 feet tall . It is native of southern Asia .Phalsa is a rare plant but easy to grow in Phoenix. It requires hot summer for fruits to ripe. It can stand light frosts which causes only shedding of leave. The plant is deciduous in the areas with mild winter season like Phoenix.

Common name: Phalsa (Hindi, Urdu, Marathi), Shunkri (Bengali), Phulsa (Kannada), Phutiki (Telegu), Unnu (Tamil), Chadicha (Malayalam), Shukri, Gujarati) Falsay

Color: yellow orange or red-orange

Bloom time: Spring

Height: 3-7 m

Difficulty level: Easy

Planting & Care

Sunlight: Full Sun

Soil: Slightly acidic soil.

Water: Plant is drought tolerant. In order to get good crop it requires watering regularly during summer months. As with all the fruits trees, I irrigate them 7-14 days during growing season and every 4 to 6 weeks during the winter.

Fertilizer: We have 3 to 5 inch thick layer of partially compost mulch around the tree drip line. Since it is a vigorous growing bush, it needs regular fertilizer during the summer months.

Care:

- Pruning Flowers are formed only on current year shoots .
- Pruning is necessary for a good crop.

Use

Medicinal use:

- Falsa Fruits are very high in antioxidant.
- It helps in preventing heart diseases and cancer .
- In folk medicine of southern Asia , Phalsa fruit are use to treat stomach ache.
- The leaves are use to cure skin diseases .

Culinary use:

- Falsa fruit has several traditional health benefits.
- According to the "Encyclopedia of World Medicinal Plants," phalsa is an astringent, coolant, and stomachic.
- In Vedic times, the bark was used as a demulcent and serves as a treatment for rheumatism.
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- Ground leaves treat pustular infections, and possess strong antimicrobial and antibacterial properties capable of remedying E. coli.
- Unsurprisingly, given the fruit's arrival during the scorching summer months, the fruit treats dehydration and acts as a coolant.

Reference:

<http://www.growplants.org/growing/falsa> <http://www.subtropicaldesert.com/falsa>