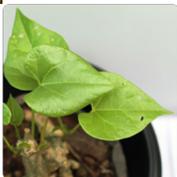


Giloy, Gulvel - Plant



Malabar Gullbe, Chinese tinospora

Rating: Not Rated Yet

Price

349

[Ask a question about this product](#)

Description

With this purchase you will get:

01

Giloy, Gulvel Plant

01

5 inch Grower Round Plastic Pot (Black)

Description for Giloy, Gulvel

Plant height: 1.1 - 1.8 inches

Plant spread: 3 - 5 inches

Gulbel is a native plant from India, also known to be found in Far East, primarily in rainforests. The plant is climbing shrub with heart-shaped leaves. It has stems about 6 cm in diameter, with light grey, papery bark

Common name(s): Indian Tinospora, Heartleaved moonseed, Heart-leaved tinospora, Indian tinospora, tinospora gulanacha, Giloy, Gurach, Gulvel, Ambarvel, amrita, amritavalli, guduchi, Batindu, Gilogularich, Gurjo

Flower colours: Small, yellow or green coloured occur in clusters.

Bloom time: Bloom during summer

Max reachable height: 0.5 to 3 ft.

Difficulty to grow: Easy to grow

Planting and care

Malabar spinach is a vining tropical plant that is grown as an annual in cooler climates. It is cultivated for its edible stems and leaves. There are two main varieties: red-stemmed and white-stemmed. This fast-growing leafy vegetable is easily started from seed sown directly in the garden. Malabar spinach prefers a sunny site with fertile, well-drained soil. Work a generous amount of organic soil conditioner into the soil with a garden fork. Add some slow-release 10-10-10 fertilizer to the site as well.

Sunlight: Full Sun to Partial Shade

Soil: well-drained soil

Water: Medium

Temperature: 28- 35 degree Celsius

Fertilizer: Apply any organic fertilizer

Caring for Giloy

- Soak the seeds in water the night before planting.
- In spring, sow seeds 1/4 in inch deep and approximately 18 in inch apart.
- Cover with soil and water well.
- Keep the soil moist until the seeds germinate.
- When seeds germinate pour liquid fertilizer over the seedlings, making sure to wet all of the leaves.
- Add a thin layer of straw mulch to hold in the moisture and help prevent weeds.
- Malabar spinach dose not have many pests or diseases.
- If the plant gets too big, simply cut it back.

Typical uses of Giloy

Special features:

you eat the leaves and the stems, Malabar spinach can be harvested as soon as the main stem is growing well. Snip the leaves and tender stems with scissors as needed. Harvest before the vine flowers for the best flavor.

Ornamental use: The plant is used for ornamental purpose.

Medicinal use:

Unverified information The herb has a long history in use by practitioners of Ayurved. Known by its practitioners to treat convalescence from severe illness, arthritis (or joint diseases), liver disease, eye diseases, urinary problems, anemia, cancer, diarrhea, and diabetes. Also, help remove toxins from the body. The plant is cultivated by stem cutting in the month of May-June and used in Tibetan medicine. The herb is known to have a sweet, bitter and acid taste. Extracted from the stem and root is a nutrient starch used to treat chronic diarrhea and dysentery. According to a legend, the herb is known locally as giloy or "heavenly elixir": Kept the angels eternally young.

References

- http://archive.allayurveda.com/herb_month_march2014.asp
- <http://www.diynetwork.com/how-to/outdoors/gardening/how-to-grow-malabar-spinach>
- <http://www.flowersofindia.net/risearch/search.php?query=Giloy%2C+Gulvel&stpos=0&stype=AND>

Reviews

Sunday, 28 October 2018

Is it hybrid plz tel me

Rakesh

Friday, 29 June 2018

This plant is one of the easiest to grow and requires no extra attention.

Joshi Prisy

Friday, 29 June 2018

This is easy to grow with low maintenance requirements

Krishnamoorthy Neelakandan

Friday, 29 June 2018

How many plants like this needed for a 500 SQFT living hall

Gaurav Narwania

Monday, 25 June 2018

Plant came securely packed.Plant is good, no brown leaves. Hope it grows well

AMit Saraf

[More reviews](#)