

Frankincense - Plant



Boswellia glabra

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

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Description have been used for thousands of years for their therapeutic and healing properties as part of the practice of aromatherapy. They're sourced from leaves, stems or roots of plants that are known for their health properties. So then, what is frankincense essential oil

Common name: Boswellia glabra

Color: yellow-white

Bloom time: April

Height: (8m)

Difficulty level: easy to grow

Planting & Care

It is used extensively in religious rituals and in the perfume industry. It has also been investigated for its medicinal properties. "There are several reasons why [the tree species *Boswellia papyifera*] it is under threat," explained co-author Frans Bongers, an ecologist at Wageningen University in the Netherlands.

Sunlight: Full Sun

Soil: well-drained soil

Water: medium

Temperature: (90 degrees and higher)

Fertilizer: Apply any organic fertilizer

Care:

- The forests that remain are declining because the old individuals are dying continuously, and there there no new individuals coming into the system.
- That means that the forests are running out of trees.
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Use

Medicinal use:

- The health benefits of frankincense oil are mostly attributed to its anti-inflammatory, astringent, antiseptic, disinfectant, digestive, diuretic, and expectorant properties.
- It also has cicatrisant, carminative, cytophylactic, emenagogue, uterine, and vulnerary effects.

Ornamental use:

- The plant is used for ornamental purpose

Note:

for medicinal use, please consult appropriate doctor before use.

Reference:

https://www.google.co.in/search?q=Frankincense+-&rlz=1C1AVSF_enIN711IN711&oq=Frankincense+-&aqs=chrome..69i57&sourceid=chrome&ie=UTF-8#q=frankincense+medicinal+uses <http://www.flowersofindia.net/risearch/search.php?query=%09Frankincense+-&stpos=0&sttype=AND> <http://www.bbc.com/news/science-environment-16270759>