

## Frankincense - Plant



It is a tree in the Burseraceae family. It is the primary tree in the genus *Boswellia* from which frankincense, a resinous dried sap, is harvested.

Rating: Not Rated Yet

### Price

Sales price 199

Discount

**Item will be shipped by 3 - 5 days**

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Description

### Description for Frankincense

It have been used for thousands of years for their therapeutic and healing properties as part of the practice of aromatherapy. They are sourced from leaves, stems or roots of plants that are known for their health properties. So then, what is frankincense essential oil  
The trees start producing resin when they are about 8 to 10 years old.[8] The resin is extracted by making a small, shallow incision on the trunk or branches of the tree or by removing a portion of the crust of it. The resin is drained as a milky substance that coagulates in contact with air and is collected by hand.

Common name	Flower colours	Bloom time	Height	Difficulty
Boswellia glabra,olibanum-tree	yellow-white	April	2 to 8m	easy to grow

### Planting and care

It is used extensively in religious rituals and in the perfume industry. It has also been investigated for its medicinal properties. "There are several reasons why [the tree species *Boswellia papyifera*] it is under threat," explained co-author Frans Bongers, an ecologist at Wageningen University in the Netherlands.

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun	well-drained soil	medium	(90 degrees and higher)	Apply any organic fertilizer

### Caring for Frankincense

The forests that remain are declining because the old individuals are dying continuously, and there there no new individuals coming into the system. That means that the forests are running out of trees."

## Typical uses of Frankincense

**Special features:** na

**Culinary use:** na

**Ornamental use:** The plant is used for ornamental purpose

**Medicinal use:** The health benefits of frankincense oil are mostly attributed to its anti-inflammatory, astringent, antiseptic, disinfectant, digestive, diuretic, and expectorant properties. It also has cicatrisant, carminative, cytophylactic, emenagogue, uterine, and vulnerary effects.

## References

- [https://www.google.co.in/search?q=Frankincense+-&rlz=1C1AVSF\\_enIN711IN711&oq=Frankincense+-&aqs=chrome..69i57&sourceid=chrome&ie=UTF-8#q=frankincense+medicinal+uses](https://www.google.co.in/search?q=Frankincense+-&rlz=1C1AVSF_enIN711IN711&oq=Frankincense+-&aqs=chrome..69i57&sourceid=chrome&ie=UTF-8#q=frankincense+medicinal+uses)
- <http://www.flowersofindia.net/risearch/search.php?query=%09Frankincense+-&stpos=0&stype=ANDhttp://www.bbc.com/news/science-environment-16270759>

## Reviews

There are yet no reviews for this product.