

Foot Kachri - Seeds - buy 1 get 1 free



1 packet contains Foot Kachri - 50 seeds.

Rating: Not Rated Yet

Price

Sales price R 105

Discount

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Description No summer garden should be without cucumbers. They are very easy to grow and are very prolific. Planted in a section of the garden that receives full sun and has an evenly moist, fertile soil, success is almost guaranteed.

Savour the taste of summer with your own home grown cucumbers. Cucumbers are an essential ingredient for adding to sandwiches, delicious salads, and those long, cool summer drinks on the patio.

Common name: Wild Melon, senat seed, small gourd, wild musk melon

Height: 3-6 feet

Difficulty level: Easy

Planting & Care

Whether you are growing indoor or outdoor types you will need to sow Cucumber seeds in a propagator from early March to April. However, outdoor varieties can also be direct sown outdoors from May to June if necessary.

Germination temperature: 60 F to 90 F - Do not plant until soil reaches 65 F.

Days to emergence: 3 to 10 - May germinate in 3 days at 80 F to 90 F. Germination may take 10 days or longer at cooler temperatures.

Care:

- Select a site with full sun.
- Ideally, soil should be neutral or slightly alkaline with a pH of 7.
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- Improve clay soil by adding organic matter.
- Improve dense, heavy soil by adding peat, compost or rotted manure.
- (Get a soil test if you are unsure of your soil type; contact your local county cooperative extension.
-) Light, sandy soils are preferred for northern gardens, as they warm quickly in the spring.
- Mix in compost and/or aged manure before planting to a depth of 2 inches and work into the soil 6 to 8 inches deep.
- Make sure that soil is moist and well-drained, not soggy.
- For an early crop, start cucumber seeds indoors about 3 weeks before you transplant them in the ground.
- They like bottom heat of about 70°F (21°C).

- If you don't have a heat mat, put the seeds flat on top of the refrigerator or perch a few on top of the water heater.
- Seed or transplant outside in the ground no earlier than 2 weeks after last frost date.
- Cucumbers are extremely susceptible to frost damage; the soil must be at least 65°F for germination.
- Do not plant outside too soon! Sow seeds in rows, 1 inch deep and 6 to 10 inches apart.
- If you are transplanting seedlings, plant them 12 inches apart.
- A trellis might be a good idea if you want the vine to climb, or if you have limited space.
- Trellising also protects the fruit from damage from lying on the moist ground.

Harvesting: Harvest regular slicing cucumbers when they about 6 to 8 inches long (slicing varieties). Harvest dills at 4 to 6 inches long and pickles at 2 inches long for pickles. The large burpless cucumbers can be up to 10 inches long and some types are even larger. Cucumbers are best picked before they seeds become hard and are eaten when immature. Do not let them get yellow. A cucumber is of highest quality when it is uniformly green, firm and crisp. Any cucumbers left on the vine too long will also get tough skins and lower plant productivity. At peak harvesting time, you should be picking cucumbers every couple of days. Keep them picked. If you don't, as plants mature, they will stop producing. Cucumbers are over 90 percent water. Store wrapped tightly in plastic wrap to retain moisture. They will keep for a week to 10 days when stored properly in the refrigerator.

Care:

- When planting seeds in the ground, cover with netting or a berry basket to keep pests from digging out the seeds.
- When seedlings emerge, begin to water frequently, and increase to a gallon per week after fruit forms.
- When seedlings reach 4 inches tall, thin plants so that they are 1½ feet apart.
- If you ve worked in organic matter into the soil before planting, you may only need to side-dress your plants with compost or well-rotted manure.
- Or, if you wish, use a fertilizer from your garden store which is low nitrogen/high potassium and phosphorus formula and apply at planting, 1 week after bloom, and every 3 weeks with liquid food, applying directly to the soil around the plants.
- Or, you can work a granular fertilizer into the soil.
- Do not overfertilize or the fruits will get stunted.
- Water consistently; put your finger in the soil and when it is dry past the first joint of your finger, it is time to water.
- Inconsistent watering leads to bitter-tasting fruit.
- Water slowly in the morning or early afternoon, avoiding the leaves.
- Mulch to hold in soil moisture.
- If you have limited space or would prefer vertical vines, set up trellises early to avoid damage to seedlings and vines.
- Spray vines with sugar water to attract bees and set more fruit.

Special Feature:

Uses:

Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.

Feeling tired in the afternoon? Put down the caffeinated soda and pick up a cucumber.

Cucumbers are a good source of B Vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.

Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.

Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long.

The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.

Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemical in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too

Use

Medicinal use:

- Because cucumbers, like watermelons, are 95% water, they keep the body hydrated and help regulate the body's inner temperature.
- They also help the body flush out toxins.
- Leave the skin on.
- The skin contains a good amount of vitamin C, about 10% of the daily recommended allowance.
- If you do like your cucumbers peeled, the skin can be used to relieve sunburn and mild skin irritations, similar to aloe vera.
- There is some research indications that cucumbers can stimulate hair growth.
- Herbalists recommend cucumber juice to reduce puffiness around the eyes and to calm down acne.
- Cucumbers can either relieve acid indigestion and heartburn or cause it, depending on the individual.
- They are a good source of dietary fiber.

- Because it is rich in potassium and magnesium, it may help to lower blood pressure.
- Studies by DASH (Dietary Approaches to Stop Hypertension) show eating cucumbers can help lower blood pressure by 5.
- 5 points in some hypertension prone individuals when coupled with a diet of low starch and lean proteins.
- Other studies have shown that cucumbers, when eaten regularly, help to regulate uric acid, so it is great for prevention of certain kidney or bladder stones.

Culinary use:

- Pickling cucumbers are smaller than slicing ones.
- Both the Bush and the Carolina varieties are ready to harvest in about 48 days.
- The Carolina has a white spine and is more blocky in shape.