

Epazota - Plant



The epazote plant is a leafy annual or short-lived perennial plant that can reach 4 feet in height.

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

[Ask a question about this product](#)

Description

Description for Epazota

Dysphania ambrosioides, formerly Chenopodium ambrosioides, known as wormseed, Jesuits tea, Mexican-tea, payqu, epazote, or herba sancti Marie, is an annual or short-lived perennial herb native to Central America, South America, and southern Mexico. Its dark green, long, slender, jagged leaves end in a point. The flowers are green and very small; they produce thousands of tiny seeds. Native to Central America, where it has been grown for culinary and medicinal purposes for countless generations, epazote has spread as a weed (growing in empty lots and by roadsides) throughout a large part of North and South America and even into Europe and Asia, where practically no one is aware of its uses.

Common name	Flower colours	Bloom time	Height	Difficulty
Wormseed, Mexican Tea	Green	Summer.	2 to 4 feet	Easy to grow

Planting and care

Epazote is normally fairly low maintenance and is normally quite easy to grow, as long as a level of basic care is provided throughout the year. Being aware of the basic soil, sun and water preferences will result in a happier and healthier plant.

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun	Well-drained soil	Medium	80 degrees C or below 60 degrees C.	Apply any organic fertilizer

Caring for Epazota

Place plants in full sun in average, well-drained soil. Drainage is important; don't place where roots will sit in water. Leaves develop best flavor in full sun.

Typical uses of Epazota

Special features: The use of epazote can be traced back to the Aztecs. Epazote contains an essential oil which is up to 70% ascaridole, which gives it a similar character to boldo, another leafy, pungent herb consumed in South American folk medicine as a digestive tea.

Culinary use: *D.ambrosioides* is used as a leaf vegetable, herb, and herbal tea for its pungent flavor. Raw, it has a resinous, medicinal pungency, similar to oregano, anise, fennel, or even tarragon, but stronger.

Ornamental use: The plant is used for ornamental purpose.

Medicinal use: The common name, wormseed, indicates one of epazote's common medicinal uses, to kill intestinal worms. In the Kitchen: Epazote is a herb used in traditional Mexican cooking for its pungent flavor, and is often used to flavor beans.

References

- <https://myfolia.com/plants/2561-epazote-chenopodium-ambrosioides>
- http://www.anniesremedy.com/herb_detail474.php

Reviews

There are yet no reviews for this product.