

Epazota - Plant



Mexican tea

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

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Description *Dysphania ambrosioides*, formerly *Chenopodium ambrosioides*, known as wormseed, Jesuit's tea, Mexican-tea, payqu, epazote, or herba sancti Mariæ, is an annual or short-lived perennial herb native to Central America, South America, and southern Mexico.

Common name: Mexican tea

Color: Green

Bloom time: Summer.

Height: 2 to 4 feet

Difficulty level: easy to grow

Planting & Care

Epazote is normally fairly low maintenance and is normally quite easy to grow, as long as a level of basic care is provided throughout the year. Being aware of the basic soil, sun and water preferences will result in a happier and healthier plant.

Sunlight: Full Sun

Soil: well-drained soil

Water: Medium

Temperature: temperature go above 80°F or below 60°F.

Fertilizer: Apply any organic fertilizer

Care:

- Place plants in full sun in average, well-drained soil.
- Drainage is important; don't place where roots will sit in water.
- Leaves develop best flavor in full sun.

Special Feature:

The use of epazote can be traced back to the Aztecs. Epazote contains an essential oil which is up to 70% ascaridole, which gives it a similar character to boldo, another leafy, pungent herb consumed in South American folk medicine as a digestive tea.

Use

Medicinal use:

- The common name, wormseed, indicates one of epazote s common medicinal uses, to kill intestinal worms.
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- In the Kitchen: Epazote is a herb used in traditional Mexican cooking for its pungent flavor, and is often used to flavor beans.

Ornamental use:

- The plant is used for ornamental purpose.
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Note:

g:for medicinal use,

Reference:

<https://myfolia.com/plants/2561-epazote-chenopodium-ambrosioides> http://www.anniesremedy.com/herb_detail474.php