

Cuminum cyminum - Plant



Cumin - Jeera

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Price

Sales price R 123,456

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Description Cumin is a flowering plant in the family Apiaceae, native from the east Mediterranean to Pakistan/India. Its seeds are used in the cuisines of many different cultures, in both whole and ground form.

Common name: Cumin - Jeera

Color: yellow-brown

Bloom time: june to july

Height: 0.3 m

Difficulty level: easy to grow

Planting & Care

It is hardy to zone (UK) 8 and is frost tender. It is in leaf 10-May It is in flower from Jun to July, and the seeds ripen from Aug to September. The flowers are hermaphrodite (have both male and female organs) and are pollinated by Insects.The plant is self-fertile.

Sunlight: Full Sun

Soil: well-drained soil

Water: Medium

Temprature: 20 to 30°C

Fertilizer: Apply any organic fertilizer

Care:

- Deadhead to prolong flowering.
- Maintain moderate soil moisture and fertilize lightly.
- Zinnias will die with the first frost.

Special Feature:

It is little used at present in Western cooking, though it is much employed in India[268]. A hot and aromatic flavour, it is an important ingredient in curries, and is also often used as a flavouring in biscuits, cakes and bread where it also helps in improving the digestion[1, 4, 14, 21, 27, 46,

132, 171, 244]. The seed is harvested when fully ripe and is then dried and stored in airtight jars[244].

Use

Medicinal use:

- A general tonic to the whole digestive system, it is used in the treatment of flatulence and bloating, reducing intestinal gas and relaxing the gut as a whole[254].
- In India it is also used in the treatment of insomnia, colds and fevers and to improve milk production in nursing mothers[254].

Ornamental use:

- used for ornamental purpose.

Note:

for medicinal use,

Reference:

<http://www.pfaf.org/user/Plant.aspx?LatinName=Cuminum+cyminum> <https://www.google.co.in/search?q=Cuminum+cyminum+-&oq=Cuminum+cyminum+-&aqs=chrome..69i57&sourceid=chrome&ie=UTF-8#q=Cuminum+cyminum+temp>