

Clitoria Ternatea, Gokarna (White) - Plant



Clitoria Ternatea is one of four herbs traditionally used as Shanka Pushpi, an Ayurvedic medicine used to promote neurological health. It shows promise in animal models for its memory enhancing effects, and has a wide spectrum of neurological benefits.

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Sales price R 262

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Description

Description for Clitoria Ternatea, Gokarna (White)

Clitoria ternatea, commonly known as Asian pigeonwings, bluebellvine, blue pea, butterfly pea, cordofan pea and Darwin pea, is a plant species belonging to the Fabaceae family. This wonderful twining plant generously bears quite large flowers (about 2" across) which are a beautiful shade of vivid cobalt blue with a white throat. The flowers are presented upside down - the "keel" petal appears on the top rather than the underside

Common name	Flower colours	Bloom time	Height	Difficulty
Butterfly Pea, Clitoria Ternatea, Gokarna (Mi, Asian pigeonwings)	White	Seasonal bloomer	1.5.00 to 7 feet	Moderately Easy,

Planting and care

The seeds of the Butterfly Pea should be nicked or filed, then soaked overnight in room temperature water before planting. They can be sown directly in the garden with 3-4 inch spacing when the soil warms in the spring. Start seeds indoors 12 weeks before the warm weather arrives, maintaining a temperature within the growing medium of 20 C - 30 C.

Sunlight
Full sun

Soil
Well-drained soil

Water
Medium

Temperature
20 C - 30 C

Fertilizer
Use any organic fertilizer

Caring for Clitoria Ternatea

- Butterfly Peas prefer to be grown in full sun but they will tolerate light shade.
- These are very drought tolerant plants, but they should be watered regularly for the best results.

Typical uses of Clitoria Ternatea

Special features: Grown on a support such as a trellis. Weave through a hedge.

Ornamental use: The plant is used for ornamental purpose. Its generally keep indoor in living room and in terrace area.

References

- <http://www.missouribotanicalgarden.org/>
- <http://www.thegardenhelper.com/>