

Clary sage - Plant



Clary sage plant (*Salvia sclarea*) has a history of use as a medicinal, flavoring agent and aromatic. The plant is an herb in the genus *Salvia* which encompasses all the sages.

Rating: Not Rated Yet

Price

1184567

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Description

With this purchase you will get:

01

Clary sage Plant

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6 inch Grower Round Plastic Pot (Black)

Description for Clary sage

Plant height: 0.5 - 1.0 inches

Plant spread:

Salvia sclarea, clary, or clary sage, is a biennial or short-lived herbaceous perennial in the genus Salvia. It is native to the northern Mediterranean, along with some areas in north Africa and Central Asia.

Common name(s): Salvia sclarea, Clary sage plant

Flower colours: white, lilac or cream

Bloom time: June to August

Max reachable height: 2.00 to 4.00 feet

Difficulty to grow: easy to grow

Planting and care

Clary sage is a biennial that begins as a rosette in the first year and will grow a flower stalk the second year. It is a short-lived plant that will usually die after the second year, although in some climat

Sunlight: Full Sun

Soil: well-drained soil

Water: Medium

Temperature: 70F.

Fertilizer: Apply any organic fertilizer

Caring for Clary sage

Clary sage is deer resistant, which makes it ideal for the naturalized or meadow garden. The plant may spread by seed but volunteer seeding is usually minimal. The herb requires a chilling period of at least three months to produce flowers and is not a good performer in hot climates for this reason.

Typical uses of Clary sage

Special features: Herb garden. Rock garden. Edging.

Culinary use: na

Ornamental use: The plant is used for ornamental purpose.

Medicinal use: The distilled essential oil is used widely in perfumes and as a muscatel flavoring for vermouths, wines, and liquors. It is also used in aromatherapy for relieving anxiety and fear, and helping with insomnia.

References

- <http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=281426&isprofile=0&>
- <http://www.gardeningknowhow.com/edible/herbs/sage/growing-clary-sage.htm>

Reviews

Sunday, 03 December 2017

Please make it available..

Rohini Sangapur