

Clary sage - Plant



Salvia sclarea

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

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Description Salvia sclarea, clary, or clary sage, is a biennial or short-lived herbaceous perennial in the genus Salvia. It is native to the northern Mediterranean, along with some areas in north Africa and Central Asia.

Common name: Salvia sclarea

Color: white, lilac or cream

Bloom time: June to August

Height: 2.00 to 4.00 feet

Difficulty level: easy to grow

Planting & Care

Clary sage is a biennial that begins as a rosette in the first year and will grow a flower stalk the second year. It is a short-lived plant that will usually die after the second year, although in some climates

Sunlight: Full Sun

Soil: well-drained soil

Water: Medium

Temperature: 70F.

Fertilizer: Apply any organic fertilizer

Care:

- Clary sage is deer resistant, which makes it ideal for the naturalized or meadow garden.
- The plant may spread by seed but volunteer seeding is usually minimal.
- The herb requires a chilling period of at least three months to produce flowers and is not a good performer in hot climates for this reason.
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Special Feature:

Herb garden. Rock garden. Edging.

Use

Medicinal use:

- The distilled essential oil is used widely in perfumes and as a muscatel flavoring for vermouths, wines, and liquors.
- It is also used in aromatherapy for relieving anxiety and fear, and helping with insomnia.

Ornamental use:

- The plant is used for ornamental purpose.

Note:

for medicinal use, please consult appropriate doctor before use.

Reference:

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=281426&isprofile=0&>

<http://www.gardeningknowhow.com/edible/herbs/sage/growing-clary-sage.htm>