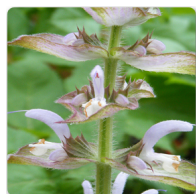


## Clary sage - Plant



Clary sage plant (*Salvia sclarea*) has a history of use as a medicinal, flavoring agent and aromatic. The plant is an herb in the genus *Salvia* which encompasses all the sages.

Rating: Not Rated Yet

### Price

Sales price R 123,456

Discount

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Description

### Description for Clary sage

*Salvia sclarea*, clary, or clary sage, is a biennial or short-lived herbaceous perennial in the genus *Salvia*. It is native to the northern Mediterranean, along with some areas in north Africa and Central Asia.

Common name	Flower colours	Bloom time	Height	Difficulty
<i>Salvia sclarea</i> , Clary sage plant	white, lilac or cream	June to August	2.00 to 4.00 feet	easy to grow

### Planting and care

Clary sage is a biennial that begins as a rosette in the first year and will grow a flower stalk the second year. It is a short-lived plant that will usually die after the second year, although in some climat

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun	well-drained soil	Medium	70F.	Apply any organic fertilizer

### Caring for Clary sage

Clary sage is deer resistant, which makes it ideal for the naturalized or meadow garden. The plant may spread by seed but volunteer seeding is usually minimal. The herb requires a chilling period of at least three months to produce flowers and is not a good performer in hot climates for this reason.

## Typical uses of Clary sage

**Special features:** Herb garden. Rock garden. Edging.

**Culinary use:** na

**Ornamental use:** The plant is used for ornamental purpose.

**Medicinal use:** The distilled essential oil is used widely in perfumes and as a muscatel flavoring for vermouths, wines, and liquors. It is also used in aromatherapy for relieving anxiety and fear, and helping with insomnia.

## References

- <http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=281426&isprofile=0&>
- <http://www.gardeningknowhow.com/edible/herbs/sage/growing-clary-sage.htm>

## Reviews

There are yet no reviews for this product.