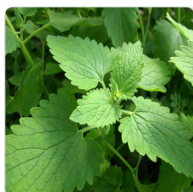


Catnip, Catmint, Nepta - Plant



Nepeta cataria

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

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Description Easily grown in average, dry to medium, well-drained soils in full sun to part shade. Thrives in dry soils and is very tolerant of drought. Site plants in full sun in northern areas.

Common name: Nepeta cataria

Color: White with pale purple spotting

Bloom time: May to September

Height: 2.00 to 3.00 feet

Difficulty level: easy to grow

Planting & Care

Catmint herb is easy to grow. These plants are good for mass planting or edging and are suitable near vegetables as an insect deterrent—especially aphids and Japanese beetles. Catmint can be grown in sun or partial shade with average, well-draining soil. They are even heat and drought tolerant, making them excellent plants for dry garden areas. Catmint is most often grown by seed or through division.

Sunlight: Full Sun to Partial Shade

Soil: well-drained soil

Water: Dry to medium

Temperature: 60 to 70°F

Fertilizer: Apply any organic fertilizer

Care:

- Basic care of catmint is easy.
- Water catmint plants regularly until they become well established.
- Mulch will help retain moisture and keep down weeds.
- Once plants are a few inches tall, pinch them back to promote bushier growth.
- Catmint blooms throughout summer and fall.
- Deadheading spent blooms promotes additional flowering.

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- It can also help prevent reseeding.
- Faassen's catmint (*Nepeta x faassenii*) is sterile however, and doesn't require deadheading.
- Shear the plants back to half their size in fall or following harvest.
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Special Feature:

Borders, path edging, cottage gardens or herb gardens. Good for dry areas. Containers. Grow as an ornamental, for herbal use and/or for your cat.

Use

Medicinal use:

- Unverified information Due to the fact that catnip promotes sweating when used as an herbal tea, it was used for the treatment of nervousness, colds, influenza, and fevers during the Middle Ages.
- Catnip has also been alleged to aid with flatulence, diarrhea, colic, and other childhood diseases, as well as preventing miscarriages, premature births, and morning sickness.
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Ornamental use:

- The plant is used for ornamental purpose

Note:

for medicinal use, please consult appropriate doctor before use.

Reference:

<http://www.gardeningknowhow.com/edible/herbs/mint/catmint-plant.htm>

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=e433>

<http://www.flowersofindia.net/risearch/search.php?query=Catnip%2C+Catmint%2C&stpos=0&stype=AND>