

Borago officinalis - Plant



The leaves are edible and the plant is grown in gardens for that purpose

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

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Description

Description for Borago officinalis

Borage, also known as a starflower, is an annual herb in the flowering plant family Boraginaceae. It is native to the Mediterranean region and has naturalized in many other locales.

Common name	Flower colours	Bloom time	Height	Difficulty
borage	Blue	June to August	1.00 to 3.00 feet	easy to grow

Planting and care

The borage herb is an old fashioned plant that can get up to 2 feet or more. It is native to the Middle East and has an ancient history in war as an enhancement for bravery and courage.

Traditionally borage was cultivated for culinary and medicinal uses, although today commercial cultivation is mainly as an oilseed. Borage is used as either a fresh vegetable or a dried herb. As a fresh vegetable, borage, with a cucumberlike taste, is often used in salads or as a garnish. The flower has a sweet honey like taste and is often used to decorate desserts and cocktails

Sunlight	Soil	Water	Temperature	Fertilizer
Full sun to part shade	well-drained soil	Dry to medium	60°C	Apply any organic fertilizer

Caring for Borago officinalis

It is a rough, sprawling annual that grows to 1-3 feet tall. It features showy, open racemes of drooping, star-shaped, bright blue flowers in summer atop branched stems clad with wrinkled, edible, dull gray-green leaves (to 6inch long) having the taste and fragrance of cucumber. Stems and leaves are covered with bristly hairs.

Typical uses of Borago officinalis

Special features: Best grown in herb or wild gardens. Leaves may be used in cold drinks, salads or as cooked greens. Flowers serve as attractive garnishes.

Culinary use: na

Ornamental use: The plant is used for ornamental purpose. Its generally kep indoor in living room and in terrac area.

Medicinal use: na

References

- <http://www.gardeningknowhow.com/>
- <http://www.missouribotanicalgarden.org/>

Reviews

There are yet no reviews for this product.