

Boneset - Plant



Eupatorium perfoliatum

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

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Description Eupatorium perfoliatum or boneset is a common North American perennial plant in the sunflower family.

Common name: Eupatorium perfoliatum

Color: White/Cream

Bloom time: July to September

Height: 4.00 to 6.00 feet

Difficulty level: easy to grow

Planting & Care

The best time to sow Boneset is in late summer or early fall. Otherwise, start seeds indoors about 3 weeks before the last expected frost of the season.

Sunlight: easy to grow

Soil: well-drained soil

Water: Medium to wet

Temperature: 70 - 85 degrees

Fertilizer: Apply any organic fertilizer

Care:

- A full sun / partial sun position will ensure your plant thrives and remember to water often.
- Use Zone 3 - Zone 8 as your guideline for the appropriate climate for this plant.
- Keep in mind when planting that Common Boneset is thought of as very hardy, so this plant will tend to survive through freezing conditions.

Special Feature:

Good size and late bloom for borders, native plant gardens, wildflower gardens, cottage gardens, woodland gardens or banks of ponds or water gardens.

Use

Medicinal use:

- The herb contains allantoin, a cell proliferant that speeds up the natural replacement of body cells.
- Comfrey was used to treat a wide variety of ailments ranging from bronchial problems, broken bones, sprains, arthritis, gastric and varicose ulcers, severe burns, acne and other skin conditions.

Culinary use:

- It has been much esteemed as a popular febrifuge, especially in intermittent fever, and has been employed, though less successfully, in typhoid and yellow fevers.
- It is largely used by the negroes of the Southern United States as a remedy in all cases of fever, as well as for its tonic effects.

Note:

for medicinal use, please consult appropriate doctor / physician before use.

Reference:

<http://www.missouribotanicalgarden.org/> <http://www.flowersofindia.net/>