

Bogbean - Plant



Menyanthes trifoliata

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Price

Sales price R 123,456

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Description Menyanthes is a monotypic genus of flowering plant in the family Menyanthaceae containing the single species Menyanthes trifoliata.

Common name: Menyanthes trifoliata

Color: whitish-pink

Bloom time: May to June

Height: 0.75 to 1.00 feet

Difficulty level: easy to grow easy to grow easy to grow

Planting & Care

Members of the Menyanthes genus are hardy Perennials. They naturally grow in boggy and watery areas and have green leaves and white star shaped flowers. They flower from spring through to summer. Common names for Menyanthes include Bog bean and Buck bean.

Sunlight: Full sun to part shade

Soil: well-drained soil

Water: wet

Temperature: -25°C

Fertilizer: Apply any organic fertilizer Apply any organic fertilizer ly any organic fertilizer

Care:

- Full Sunlight.
- Grows in very moist soil, bogs, and shallow water.
- Peaty soil.
- Cool area.
- Regular watering to maintain heavy moisture, best grown in a container at the edge of a pond.
- Deadhead.
- Once established do not disturb unless they become overcrowded.

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Special Feature:

Transitional plant for water gardens and ponds. Bog gardens.

Use

Medicinal use:

- Bogbean is a plant.
- The bogbean fruit resembles a small bean and is commonly found in swamps or bogs, which is the reason for its name.
- People use the bogbean leaf to make medicine.
- Bogbean is used for achy joints (rheumatism), rheumatoid arthritis, loss of appetite, and upset stomach.

Culinary use:

- Bogbean contains the bitter glucosides, menyanthin (found in the leaves) and loganin (found in the roots).
- It also contains a small amount of volatile oil and the flavonglycosides, hyperoside and rutin.
- This strongly bitter herb has been utilised for a long time as a folk medicine.

Note:

for medicinal use, please consult appropriate doctor / physician before use.

Reference:

<http://www.missouribotanicalgarden.org/> <http://www.gardenershq.com/> <http://www.herbal-supplement-resource.com>