

Blue Cohosh - Plant



Blue cohosh is a plant. "Cohosh" is from the Algonquin Indian word meaning "rough," and it refers to the appearance of the roots. The root is used to make medicine.

Rating: Not Rated Yet

Price

1184567

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Description

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Blue Cohosh Plant

Description for Blue Cohosh

Plant height: 3 - 6 inches

Plant spread:

Caulophyllum thalictroides, blue cohosh a species of Caulophyllum, also called squaw root or papoose root, is a flowering plant in the Berberidaceae family. It is a medium-tall perennial with blue berry-like fruits and bluish-green foliage.

Common name(s): Blue cohosh , squaw root , papoose root , blue ginseng , yellow ginseng

Flower colours: green

Bloom time: April

Max reachable height: 1.00 to 2.00 feet

Difficulty to grow: easy to grow

Planting and care

Blue Cohosh and other Caulophyllum plants should be grown outdoors. Plant the roots at a depth of 2.5cm into a moist, wood soil of pH 4.5 to 7. They should be spaced at about 30 to 40cm apart and grown in shady areas.

Sunlight: Part shade to full shade

Soil: neutral to slightly acidic soils.

Water: Medium

Temperature: 20°C

Fertilizer: Apply any organic fertilizer

Caring for Blue Cohosh

- Needs consistently moist soils that do not dry out.
- Plants may be grown from seed, but usually will not flower until the third or fourth year.
- Can spread very slowly by rhizomes over time to form colonies.

Typical uses of Blue Cohosh

Special features: No serious insect or disease problems.

Culinary use: na

Medicinal use: The root is used to make medicine. Blue cohosh is used for stimulating the uterus and starting labor; starting menstruation; stopping muscle spasms; as a laxative; and for treating colic, sore throat, cramps, hiccups, epilepsy, hysterics, inflammation of the uterus, and joint conditions.

References

<http://www.gardenershq.com/Caulophyllum-blue-cohosh.php>

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=j700>

Reviews

There are yet no reviews for this product.