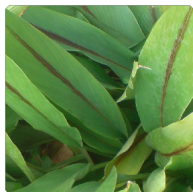


## Black Turmeric, Kali Haldi - 1 Bulb



Common name includes Hindi: Kali Haldi, Krishna kedar; Manipuri: Yaingang Amuba or Yaimu; Marathi: Kala-haldi; Telugu: Nalla Pasupu; Kannada: kariarishina, naru kachora; Bengali: Kala haldi; Mizo: Aihang, Ailaihng; Assamese: kala haladhi; Nepalese: Kaalo haledo; Malayalam: Kari manjal; Sanskrit: Rajani, Nishaa, Nishi, Raatri; Malay: Black Haldi, Black curcuma, Kunyit Hitham, Temu Hitham; Arabic: Gadwâr Aswad; French: Zédoaire Noir; German: Schwarze Zedoarwurzel; Italian: Zedoaria Nera; Turkish: Kara Cadvar

Rating: Not Rated Yet

### Price

Sales price R 1,157

Discount

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Description Curcuma caesia, black turmeric or black zedoary is a perennial herb with bluish-black rhizome, native to North-East and Central India.

The rhizome of black turmeric has a high economic importance owing to its putative medicinal properties. In west Bengal, the rhizome of the plant is used in Kali Puja, and hence the plant is called Kali haldi. By etymology, Kali is the feminine form of Kala, which means black color and hence the plant is termed as black turmeric in English

**Common name:** Kali haldi, Krishna kedar

**Height:** 1.5 to 3 feet

**Difficulty level:** Easy

### Planting & Care

Curcuma Caesia usually grows in moist deciduous forests.

**Sunlight:** Turmeric prefers warm direct or indirect sun.

**Soil:** It is grown on different types of soils from light black, ashy loam and red soils clay loam s. However, it thrives the best in a well-drained sandy or clayey loam.

**Water:** Keep it damp but not sopping wet or the root may rot.

**Temperature:** 20-30°C

**Fertilizer:** Bi-monthly or even weekly feeding with a liquid fertilizer is ideal.

**Care:**

- The crop is to be mulched immediately after planting with green leaves at the rate of 12-15 tonnes per hectare.
- It may be repeated for a second time after 50 days with the same quantity of green leaves after weeding and application of fertilizers.
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Use

**Medicinal use:**

- The rhizome of the plant is aromatic, contains essential oil and used for a variety of purposes.
- The characteristic pungent smell of the rhizome is due to the presence of essential oil rich in camphor and starch.
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The rhizome is traditionally used in the treatment of hemorrhoids, leprosy, asthma, cancer, fever, wounds, vomiting, menstrual disorder, anthelmintic, aphrodisiac, gonorrhoeal discharges and inflammation.

- Furthermore, the smooth muscle relaxant, anti-tumour and anti-oxidant properties of Curcuma Caesia rhizome extract had been reported.

**Reference:**

<http://siddham.in/black-turmeric-or-curcuma-caesia-medicinal-and-rare> <http://www.gardeningblog.net/how-to-grow/turmeric/>