

## Bhringraj, Eclipta Alba, Eclipta Prostrata - Plant



Eclipta prostrata commonly known as false daisy, yerba de tago, and bhringraj, is a species of plant in the sunflower family. It is widespread across much of the world. Other common names include kehraj (കേരളം) in Assamese and karisalaankanni (കരിശാലാങ്കന്നി) in Tamil and kayyunni (കായൂന്നി) in Malayalam and &#x201c; in Marathi. In {Kannada} Garugada soppu, keshavardhini, Bhringaraja This plant has cylindrical, grayish roots. The solitary flower heads are 6-8 mm (0.24-0.31 in) in diameter, with white florets. The achenes are compressed and narrowly winged. in Kerala, India This species grows commonly in moist places as a weed in warm temperate to tropical areas worldwide. It is widely distributed throughout India, Nepal, China, Thailand, and Brazil.

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Sales price R 328

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Description

### Description for Bhringraj, Eclipta Alba, Eclipta Prostrata

Bhringraj is an important Ayurveda herb, widely used in hair fall treatment, liver disorders, skin diseases etc. Its botanical name is Eclipta alba. Its whole plant is used for various medicinal purposes.

Common name	Flower colours	Bloom time	Height	Difficulty
Verbesina prostrate L	Yellow, White, blue and red	Blooms all year	12-18 in.	easy to grow

### Planting and care

The deep planting encourages the developing stem to send out roots to help stabilize the plant and perhaps eliminate the need for staking. Also, deep planting keeps lily bulbs cool when temperatures soar.

Sunlight	Soil	Water	Temperature	Fertilizer
Full Sun	well-drained soil	Medium	10-35 °C	Apply any organic fertilizer

### Caring for Bhringraj

Place plants in full sun in average, well-drained soil. Drainage is important; don't place where roots will sit in water. Leaves develop best flavor in full sun.

## Typical uses of Bhringraj

**Special features:** use for whole plant

**Culinary use:** na

**Ornamental use:** The plant is used for ornamental purpose.

## References

<http://www.missouribotanicalgarden.org/> <http://davesgarden.com/guides/pf/go/139580/#b>