

Bergamot, Bee Balm - Plant



Monarda species include annual and perennial herbaceous plants. This plant, with showy summer-blooming pink to lavender flowers, is often used as a honey plant, medicinal plant, and garden ornamental.

Rating: Not Rated Yet

Price

Sales price R 123,456

Discount

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Description

Description for Bergamot, Bee Balm

Monarda fistulosa is an herbaceous perennial that grows from slender creeping rhizomes, thus commonly occurring in large clumps. The plants are typically up to 3 ft (0.9 m) tall, with a few erect branches. Its leaves are about 2-3 in (5-8 cm) long, lance-shaped, and toothed. Its compact flower clusters are solitary at the ends of branches.

Common name	Flower colours	Bloom time	Height	Difficulty
Monarda fistulosa, wild bergamot, bee balm	Purple	July to September	2.00 to 4.00 feet	easy to grow

Planting and care

Best grown in dry to medium moisture, well-drained soils in full sun to part shade.

Sunlight	Soil	Water	Temperature	Fertilizer
Full sun to part shade	well-drained soil	Dry to medium	35d centigrade	Apply any organic fertilizer

Caring for Bergamot

Give plants a thick mulch, especially in northern growing areas.

Typical uses of Bergamot

Special features: Provides color and contrast for the herb garden, wild garden, native plant garden, meadow or naturalized area.

Culinary use: All parts of the plant make a delicious tea.

Ornamental use: This Plant is often used as a honey plant, medicinal plant, and garden ornamental.

Medicinal use: Bergamot does have medicinal uses. It induces perspiration, lowers fevers, and through its carminative action, aids digestion. It has been used for colds, fevers, headaches, gastric disorders such as flatulence, nausea and vomiting. Externally, the fresh leaves are applied to pimples and other skin eruptions.

References

https://en.wikipedia.org/wiki/Monarda_fistulosa

Reviews

There are yet no reviews for this product.