

## Bergamont - Plant



Monarda fistulosa

Rating: Not Rated Yet

**Price**

Sales price R 123,456

Discount

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Description Best grown in dry to medium moisture, well-drained soils in full sun to part shade.

**Common name:** Monarda fistulosa

**Color:** Orange

**Bloom time:** July to September

**Height:** 2.00 to 4.00 feet

**Difficulty level:** easy to grow

**Planting & Care**

Even if the plant had nothing but its beauty to recommend it, wild bergamot would still be worth growing. The narrow tubular flowers, which bloom from July through September, range from maroon to magenta to lilac in color and resemble a somewhat disheveled chrysanthemum atop a two-foot high, erect stalk.

**Sunlight:** Full sun to part shade

**Soil:** well-drained soil

**Water:** Dry to medium Dry to medium Dry to medium Dry to medium Dry to medium Dry to medium Dry to medium Dry to medium Dry to medium Dry to medium Dry to medium

**Temperature:** 35d centigrade

**Fertilizer:** Apply any organic fertilizer Apply any organic fertilizer Apply any organic fertilizer Apply any organic fertilizer Apply any organic fertilizer Apply any organic fertilizer Apply any organic fertilizer

**Care:**

- White to lavender balls of flowers in spring.
- Sun to part shade, well drained soil.
- All parts of the plant make a delicious tea.
- Unlike M.
- didyma, M.

- fistulosa will bloom consistently in the coastal south.

**Special Feature:**

Provides color and contrast for the herb garden, wild garden, native plant garden, meadow or naturalized area.

Use

**Medicinal use:**

- Bergamot does have medicinal uses.
- It induces perspiration, lowers fevers, and through its carminative action, aids digestion.
- It has been used for colds, fevers, headaches, gastric disorders such as flatulence, nausea and vomiting.
- Externally, the fresh leaves are applied to pimples and other skin eruptions.

**Culinary use:**

- Bergamot, also known as horsemint, American melissa or bee-balm, is a highly aromatic, perennial herb that is native to eastern North America and is considered a true wild flower.
- Bergamot, botanical name *Monarda didyma* has flamboyant looking scarlet flowers, and the colors of its cultivars range from white through pink and purple.
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**Note:**

for medicinal use, please consult appropriate doctor / physician before use.

**Reference:**

<http://www.missouribotanicalgarden.org/> <https://herbs-herbal-supplements.knoji.com>