

## Badam, Indian Almond, Terminalia Catappa - Plant



Terminalia catappa also known as Sea almond or Indian almond which is perennial evergreen or dry deciduous, edible fruit and nut.

Rating: Not Rated Yet

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399

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Description

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Badam, Indian Almond, Terminalia Catappa Plant

## Description for Badam, Indian Almond, Terminalia Catappa

**Plant height:** 15 - 23 inches

**Plant spread:** 4 - 6 inches

The Indian Almond Tree (*Terminalia catappa*) also called Sea Almond or Tropical Almond belongs to the untrue mangroves and is very well known because of its leaves for the use in aquariums. It grows upright and forms a symmetrical crown with horizontal branches distinctively arranged in tiers. As the tree ages, the crown will become increasingly flattened and eventually take on a vase shape.

**Common name(s):** Badam, Indian Almond

**Flower colours:** White to pale green

**Bloom time:** February to may

**Max reachable height:** 30-40 ft

**Difficulty to grow:** Moderately

## Planting and care

Plants are almost completely made up of water so it is important to supply them with adequate water to maintain good plant health. Too much water frequently deprives oxygen leading to plant diseases such as root and stem rots.

**Sunlight:** Full Sun

**Soil:** Sandy, well-drained soil

**Water:** Water regularly; do not overwater

**Temperature:** Hardy up to 4 degree C

**Fertilizer:** Young plants need extra phosphorus to encourage good root development. Look for a fertilizer that has phosphorus. Trees need to be fertilized every few years.

## Caring for Badam

- Dig out an area for the tree that is about 3 or 4 times the diameter of the container or rootball and the same depth as the container or rootball.
- Use a pitchfork or shovel to scarify the sides of the hole.
- If container-grown, lay the tree on its side and remove the container. Loosen the roots around the edges without breaking up the root ball too much.
- Position tree in center of hole so that the best side faces forward. You are ready to begin filling in with soil.
- If planting a balled and burlaped tree, position it in hole so that the best side faces forward.
- Untie or remove nails from burlap at top of ball and pull burlap back, so it does not stick out of hole when soil is replaced.
- Create a water ring around the outer edge of the hole.
- Not only will this conserve water, but will direct moisture to perimeter roots, encouraging outer growth.
- Once tree is established, water ring may be leveled.
- Studies show that mulched trees grow faster than those unmulched, so add a 3 inch layer of pine straw, compost, or pulverized bark over backfilled area.
- Remove any damaged limbs.

## Typical uses of Badam

### Special features:

**Culinary use:** The fruit and seed are edible. Oil extracted from the dried nuts is edible and used in cooking in parts of South America. Indian almond leaves contain several different flavonoids, including kaempferol and quercetin. It is also rich in various tannins. It is astringent and bitter.

**Ornamental use:** The Almond tree provides deep shade and has become a beloved ornamental tree in tropical gardens, parks and along streets.

**Medicinal use:** Leaf extract exhibited potent anti-diabetic effects and suppress bone weight loss in ovariectomized mice. Ethanol leaf extracts displayed analgesic and anti-inflammatory activities.

## References

### Reviews

Saturday, 30 June 2018

I had ordered this plant...I m very much satisfied with Nurserylive.... :)

Rahul Gupta

Friday, 29 June 2018

Very nice plant. Got delivered with very good condition. Gonna order one more

Ashish Bhujbal

Thursday, 28 June 2018

Quick delivery, good price

????? ???? ???? ?

Wednesday, 27 June 2018

IS this, an indoor plant ????

Varun Sharma

Wednesday, 27 June 2018

Very good plant, very impressive packing, 2-3 leaves were dried. But will give 5 star

Dhiraj Gome

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