# Annona Squamosa, Sita Phal ( Grown through seeds ) - Plant





The flesh is fragrant and sweet, creamy white through light yellow, and resembles and tastes like custard.

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Description

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Annona Squamosa, Sita Phal ( Grown through seeds ) Plant

## Description for Annona Squamosa, Sita Phal ( Grown through seeds )

Plant height: 10 - 16 inches

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Plant spread: 4 - 8 inches

Well-branched tree or shrub from the family Annonaceae that bears edible fruits called sugar-apples. It tolerates a tropical lowland

Common name(s): Sugar Apple, Custard apple, Sita Phal, Sharifa

Flower colours: Yellow-green

Bloom time: Summer, Spring

Max reachable height: 10 to 20 feet (3 to 6 m)

Difficulty to grow: Easy to grow

### Planting and care

Seed propagation is the traditional method, through which the sugar apple tree is grown. It is the most used propagation method. Plant spacing is 5 X 5 m. The plantation is done in the rainy season.

Sunlight: Full Sun to Partial Shade

Soil: Custard apples grow best in sandy loam soils, but well-structured clay loams are also suitable

Water: Medium, to improve the fruit size and yield you should be done one or two irrigation when fruits are developing

Temperature: 25 to 41 degrees C

Fertilizer: Apply any organic fertilizer

#### **Caring for Annona Squamosa**

- There must be adequate moisture in the soil to encourage vegetative growth and blooms that occur on the new branches.
- The tree should be watered in every 2 to 4 weeks during the period of low growth and every 3 to 5 days while it is flowering and setting
- Sugar apple is normally fairly low maintenance and quite easy to grow, as long as a level of basic care is provided throughout the year.
- Growing sugar apple tree requires weed management.
- the sugar apple is susceptible to wind damage. Therefore, it should be planted in a location that is sheltered from the wind.

#### Harvesting

Summer, Spring

### Typical uses of Annona Squamosa

Special features: Sugar apples (Annona squamosa) are the fruit of one of the most commonly grown Annona trees.

**Culinary use:** The ripe fruits are edible. The sweetish fruit varies considerably in quality; some are eaten raw but most often they are used in preserves, drinks, ice cream, puddings etc.

**Medicinal use:** The bark and leaves contain annonaine, an alkaloid. In tropical America, a decoction of the leaves is used as a cold remedy and to clarify urine. A bark decoction is used to stop diarrhoea, while the root is used in the treatment of dysentery. Sugar-apple is high in energy, an excellent source of vitamin C and manganese, a good source of thiamine and vitamin B6, and provides vitamin B2, B3 B5, B9, iron, magnesium,

phosphorus and potassium in fair quantities. Note: USe only after consulting the specialist.

## References

- http://balconygardenweb.com/how-to-grow-sugar-apple-growing-sugar-apple-care/
- http://www.flowersofindia.net/risearch/search.php?query=%09Annona+Squamosa&stpos=0&stype=AND

#### Reviews

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I really like ur live plants and wish to order more in future

Hima Jyothi

Sunday, 01 July 2018

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very durable plant to a wide range of conditions

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