

American Elderberry, Sambucus - Plant



Good accent shrub featuring deeply incised leaves, attractive flowers and interesting fruits.

Rating: Not Rated Yet

Price

Sales price R 592

Discount

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Description

Description for American elderberry, Simbucus

Elderberries are popular for their unusual taste in pies, jellies, and jams. They are occasionally used in winemaking. The plants are very hardy (usually to Zone 4 but some kinds to Zone 3), and because they flower in late June, the crop is seldom damaged by late spring frost.

Common name	Flower colours	Bloom time	Height	Difficulty
elderberry, black elder, European elder	white or cream-colored flowers	June to July	5.00 to 8.00 feet	easy to grow

Planting and care

Elderberries grow best in moist, fertile, well-drained soil with a pH between 5.5 and 6.5, but will tolerate a wide range of soil texture, fertility, and acidity.

It s a myth that they prefer swampy areas.

In fact, they do not tolerate poor drainage.

Plant elderberries in spring, as soon as possible after they arrive from the nursery to prevent plants from drying out.

Sunlight	Soil	Water	Temperature	Fertilizer
Full sun to part shade	well-drained soil	Medium to wet	Room temperature	Elderberries respond well to fertilization. In addition to incorporating manure or compost before planting, apply additional fertilizer annually in early spring. Apply 1/8 pound of ammonium nitrate (or .5 lbs. 10-10-10) for each year of the plant s age, up to one

pound per plant (or up to 4
lbs. 10-10-10).

Caring for American elderberry

- The most difficult problem faced when growing elderberries is weed control. Because they have shallow roots, do not cultivate deeper than 2 inches.
- After the first year, it is best to avoid disturbing the soil at all because the slightest injury can damage the fibrous root system or kill one of the new upright shoots.
- Use a combination of pulling weeds by hand while they are still small, mowing and mulching to control weeds without disturbing the elderberry roots.
- Once you develop a thick hedgerow of plants, elderberries can suppress weeds quite well.

Typical uses of American elderberry

Special features: Elderberries are one of the easiest and most versatile shrubs to grow in your edible landscape

Culinary use: The elderberry bush or elderberry tree yields the berries that are commonly used in syrups, jams and wine.

Ornamental use: Landscape specimen, shrub borders, screens, backgrounds, stream/pond peripheries or low spots. Good sprawling hedge.

Medicinal use: Elderberries are an excellent general immune system booster.

With elderberries anti-inflammatory and antioxidant properties, it makes sense that it can help sinus issues.

Both the flower and the berry have traditionally been used to treat diabetes.

Elder has been shown to promote both urination and bowel movements.

Elderberry may also help with constipation.etc.

References

- <https://draxe.com/elderberry/>
- <http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=267172&isprofile=0&>

Reviews

Wednesday, 30 August 2017

As good as shown in the website, plant is healthy. Packing was awesome.

Sangeeta Chaudhry

Saturday, 29 July 2017

?What if i keep this plant in the office where it is AC? Will it survive there?

Jyoti Dhingra

Friday, 17 March 2017

Plant is in good health.. I m really happy with this little one.

Joshi Prisy

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