

Vitex negundo, Nirgundi - Plant

Vitex negundo has five leaflets character which is a hardy plant. Also, required minimum care to grow.

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Vitex negundo, Nirgundi Plant

Description for Vitex negundo, Nirgundi

Plant height: 14 - 22 inches (35 - 56 cm)

Plant spread: 5 - 9 inches (12 - 23 cm)

Vitex negundo, commonly known as the Chinese Chastetree, five-leaved chaste tree, or horseshoe vitex, is a large aromatic shrub with quadrangular, densely whitish, tomentose branchlets. This plant can grow up to 4-meter height. Plants bear a purple showy flower year round and the inflorescence is terminal and axillary. Fruits are small black color berry.

This plant has compound leaves which consist of five leaflets. Upper leaves surface is green and lower surface is the grey color. This plant is very drought tolerant in nature.

Common name(s): Chaste tree, Nirgundi, Five-leaved chaste tree, or Horseshoe vitex

Flower colours: Purple

Bloom time: June to August

Max reachable height: Up to 4 m

Difficulty to grow: Easy to grow

Planting and care

This plant is propagated by the seeds. Best suitable sowing time is monsoon season. Grow well in full to partial sunlight. You can plant into the pot or container using the potting mix as the soil, coco peat, and vermicompost.

Sunlight: Full sun

Soil: Well-drained sandy loam soil

Water: Moderately

Temperature: 20 to 30 degrees C

Fertilizer: Apply any organic fertilizer

Caring for Vitex negundo

- Watering should be done early in the morning if the soil is dry.
- Avoid overwatering.
- You can prune the plant in the spring season to maintain the bushy.

Typical uses of Vitex negundo

Special features: Drought tolerant

Ornamental use: This plant is used for the ornamental purpose.

Medicinal use: This plant can use to treat anti-inflammatory, anti-bacterial, and analgesic and used for rheumatic conditions, bruises, injuries, sprains, sores, and skin infections.

Note: Use only after consulting the specialist.

References

- <http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=287460&isprofile=0&>
- <http://www.usefulplants.org/index.php/medicinal-plants/nirgundi-chaste-tree>

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