

Shankpushpi, Sankaphuli - Plant

Shankpushpi (Convolvulus pluricaulis) is a perennial herb and consider as a most wonderful gift of nature to the mankind, it looks like morning glory with blue flowers situated at alternate positions with flowers or branches.

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Shankpushpi, Sankaphuli Plant

Description for Shankpushpi, Sankaphuli

Plant height: 3 - 6 inches (7 - 16 cm)

Plant spread:

Convolvulus pluricaulis is an herb found in India and Burma that is used in Ayurveda. The Ayurveda preparation shankpushpi is, according to most sources, identical with Convolvulus pluricaulis, but some say shankpushpi is Clitoria ternatea.

Common name(s): Shankpushpi, Shankpushpi, Aparajit, Sankhali, Shankpushpi, Sankhapuspi, Shankhawali, Bilikanthisoppu, Krsna kranti, Vishnukranti, Shankhabela, Krishna-enkranti, Sanghupushpam, kakkurattai, Shankpushpi

Flower colours: Pink

Bloom time: Seasonal bloomer

Max reachable height: 10 to 15 feet

Difficulty to grow: Easy to grow

Planting and care

Plant bulbs in autumn. Plants do not thrive in Zones 9 to 10 without a period of refrigeration; they need a cold, dormant period. Select a site with soil that drains well. How can you tell? After a good rain, find a spot that is the first to dry out.

Sunlight: Full sun

Soil: Well-drained soil

Water: Medium

Temperature: 25 to 35 degrees C

Fertilizer: Apply any organic fertilizer

Caring for Shankpushpi

plant care is not difficult but does require vigilance. The vines need to be trained early when they are young. You may use plant ties or just weave them through trellis sections. Fertilize the plant in spring just before new growth appears. Pinch off the tips of the vines in the second year to promote branching which will fill the trellis with bushy growth.

Typical uses of Shankpushpi

Special features: Provides attractive ornamental cover for fences, decks, trellises or other structures around the home. Containers. Hanging baskets.

Ornamental use: The plant is used for ornamental purpose.

Medicinal use: Shankpushpi is an indigenous and considered as one the very important herbs in Ayurveda. According to Ayurveda, Shankpushpi is pungent, alternative tonic, bitter, brightens intellect, improves complexion, increases appetite, useful in biliousness, epilepsy, bronchitis, teething troubles of infants etc.

References

- <http://www.ayurvedicindia.info/12-benefits-of-shankpushpi-uses/>
- <http://www.missouribotanicalgarden.org/>
- <http://www.flowersofindia.net/>

Reviews

Wednesday, 23 October 2019

Wow nice plants in good condition delivered..?

Ashwani Ahluwalia