

## Reinwardia trigyna - Plant

Tall Morning Glory, Purple Morning Glory

Rating: Not Rated Yet

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Reinwardia trigyna Plant

### Description for Reinwardia trigyna

**Plant height:** 3 - 6 inches (7 - 16 cm)

**Plant spread:**

Once established, cutting may be made at any time. Like the related sweet potato, the stems have a white latex, and only the youngest, fastest growing tips are harvested for cooking.

**Common name(s):** Tall Morning Glory, Purple Morning Glory

**Flower colours:** White, pink, purple

**Bloom time:** Rarely flowers

**Max reachable height:** 0.50 to 1.00 feet

**Difficulty to grow:** Easy to grow

## Planting and care

They are usually shipped in the spring as bare roots when plants are fully dormant, well before they have leafed out. They'll look like a bundle of sticks on arrival. Note, they are not dead—simply dormant. If you are buying container-grown plants (vs. bare-root plants), plant them by May or early June for best results.

**Sunlight:** Full sun

**Soil:** Well drained soil

**Water:** Medium to wet

**Temperature:** 30 to 40 degrees C

**Fertilizer:** Apply any organic fertilizer

## Caring for Reinwardia trigyna

Epsom salts along with your fertilizer; the magnesium sulfate will encourage new growth from the bottom of the bush Prune plants every spring and destroy all old or diseased plant material. Wear elbow-length gloves that are thick enough to protect your hands from thorns or a clumsy slip, but flexible enough to allow you to hold your tools.

## Typical uses of Reinwardia trigyna

**Special features:** Water spinach is prepared like conventional spinach, although the texture of the stems and leaves is improved if they are cooked separately. It may be steamed, boiled, stir-fried, or used in soups. It may also be eaten in salads, either raw or blanched briefly.

**Ornamental use:** The plant is used for ornamental purpose.

## References

<http://www.missouribotanicalgarden.org/> <http://www.flowersofindia.net/>

## Reviews

Saturday, 23 November 2019

Beautiful healthy plants delivered straight to the doorstep.

Ratna Jyoti Das Kalita