

Plantago spp. - Plant



Plantago major

Rating: Not Rated Yet

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Description Plantago major is a species of flowering plant in the plantain family Plantaginaceae. The plant is native to most of Europe and northern and central Asia, but has widely naturalised elsewhere in the world.

Common name: Plantago major

Color: greenish or yellowish white,

Bloom time: Early summer,

Height: 4 to 16 inches.

Difficulty level: easy to grow

Planting & Care

Prune plant every spring and destroy all old or diseased plant material. Wear elbow-length gloves that are thick enough to protect your hands from thorns or a clumsy slip, but flexible enough to allow you to hold your tools. Always wear safety goggles; branches can whip back when released.

Sunlight: Full Sun to Partial Shade

Soil: well-drained soil

Water: Medium

Temperature: 25°C

Fertilizer: Apply any organic fertilizer

Care:

- An accurate soil test will tell you where your pH currently stands.
- Acidic (sour) soil is counteracted by applying finely ground limestone, and alkaline (sweet) soil is treated with ground sulfur.

Special Feature:

The inflorescence is an erect spike, 2-5 cm long, carried on a 10-17 cm long, leafless flowering stem. *Plantago himalaica* is closely related to *Plantago major* in the form of leaves, scapes and spikes etc., but is distinguished by having a stipitate calyx and comparatively smaller, usually stalkless, sometimes shortly stalked leaves. Himalayan Plantain is found at altitudes of 2900 m and above in the Himalayas, from Kashmir to Nepal

Use

Medicinal use:

- Unverified information Leaves slightly bruised, are applied on wounds.
- Oil from the seeds is antimicrobial, for chronic diarrhoea and shigellosis, a bacillary dysentery.
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Ornamental use:

- The plant is used for ornamental purpose

Note:

for medicinal use, please consult appropriate doctor before use.

Reference:

<http://www.flowersofindia.net/risearch/search.php?query=Plantago+major&stpos=0&stype=AND>
<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=a556>

Reviews

Monday, 23 September 2019

Absolutely superb in every way

Joshi Prisy