

Foeniculum vulgare - Plant



It is a highly aromatic and flavorful herb

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Foeniculum vulgare Plant

Description for *Foeniculum vulgare*

Plant height: 3 - 6 inches (7 - 16 cm)

Plant spread:

Fennel is a flowering plant species in the carrot family. It is a hardy, perennial herb with yellow flowers and feathery leaves.

Common name(s): fennel, Florence fennel

Flower colours: green

Bloom time: June to July

Max reachable height: 4.00 to 6.00 feet

Difficulty to grow: easy to grow

Planting and care

The dark, fine-textured foliage of this short-lived perennial herb combined with its height (up to 6 feet tall) make it a great background for borders or herb gardens. It attracts beneficial insects and feeds the caterpillars that morph into swallowtail butterflies.

Sunlight: Full sun

Soil: well-drained soil

Water: Medium

Temperature: 25C

Fertilizer: Apply any organic fertilizer

Caring for *Foeniculum vulgare*

- Highly aromatic and slightly odd plant that is a poor companion for everything.
- It can grow close to dill, however, they tend to cross pollinate.
- On the other hand, fennel attracts a variety of beneficial insects into the garden.
- Aphids dislike fennel so they are repelled by it. Fennel is also a flea repellent.

Typical uses of *Foeniculum vulgare*

Special features: Borders, vegetable gardens, herb gardens, cottage gardens or meadows. Good plant for a butterfly garden.

Culinary use: It is a highly aromatic and flavorful herb with culinary and medicinal uses and, along with the similar-tasting anise, is one of the primary ingredients of absinthe. Florence fennel or finocchio is a selection with a swollen, bulb-like stem base that is used as a vegetable.

Ornamental use: The plant is used for ornamental purpose.

Medicinal use: (*F. vulgare*), commonly known as Fennel, is a popular medicinal plant with various pharmacological activities mentioned in traditional Iranian medicine (TIM) and modern phytotherapy such as antioxidant, cytotoxic, anti-inflammatory, antimicrobial, bronchodilatory,

estrogenic, diuretic, lithontripic, galactogogue,

References

- <http://www.missouribotanicalgarden.org/>
- <http://www.flowersofindia.net/>

Reviews

Monday, 07 October 2019

Thank you Nurserylive for such nice live plants collection

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