

Eupatorium perfoliatum - Plant

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Eupatorium perfoliatum Plant

Description for Eupatorium perfoliatum

Plant height: 3 - 6 inches (7 - 16 cm)

Plant spread:

Eupatorium perfoliatum or boneset is a common North American perennial plant in the sunflower family. Eupatorium perfoliatum grows up to 100

cm (39 inches) tall, with leaves that clasp the stems. The plant produces dense clusters of tiny white flower heads held above the foliage.

Common name(s): Boneset, sweating-plant

Flower colours: White

Bloom time: July to September

Max reachable height: Upto 100cm (39 inches)

Difficulty to grow: Easy to grow

Planting and care

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Sunlight: Full Sun to Partial Shade

Soil: Well-drained soil

Water: Medium to wet

Temperature: 70 to 85 degrees C.

Fertilizer: Apply any organic fertilizer

Caring for Eupatorium perfoliatum

Though some authorities claim the name boneset refers to a former use of the plant to aid the healing process for broken bones, others claim that the name is in reference to the plant's use as a diaphoretic in the treatment of an 18th century influenza called break bone fever. All parts of the plant are quite toxic and bitter. Also commonly called thoroughwort.s

Typical uses of Eupatorium perfoliatum

Special features: Good size and late bloom for borders, native plant gardens, wildflower gardens, cottage gardens, woodland gardens or banks of ponds or water gardens.

Ornamental use: The plant is used for ornamental purpose.

Medicinal use: Eupatorium perfoliatum was used in the traditional medicine of Native Americans and extracts are now used in herbal medicine for fever and colds. The effects of Eupatorium perfoliatum have not been confirmed by clinical study. However, animal studies and in vitro experiments with plant extracts indicate possible anti-inflammatory effects and activity against Plasmodium falciparum, the parasite that causes malaria. Also used in homeopathy.

References

https://en.wikipedia.org/wiki/Eupatorium_perfoliatum

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=c730>

Reviews

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